



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Abertawe Bro Morgannwg
University Health Board

DEPARTMENT OF
OCCUPATIONAL
HEALTH

OHN

SELF REFERRAL FORM – For use by individual.

Ensure Section A is fully completed; record brief details in Section B; Section C for use by OH team; Section D should only be completed, if appropriate, following consultation.

Please complete the following using BLOCK CAPITALS

A PERSONAL DETAILS: Tick box if any details in Section A have changed since last seen ☐

Title Prof ☐ Dr ☐ Mr ☐ Mrs ☐ Miss ☐ Ms ☐ Other:

Surname

Forename/s

Date of Birth

Age

Male ☐ Female ☐

Home address

Post Code

Tel No

Mobile

Work No & Extension if applicable

Job Title

Department/Place of Work

Directorate

Hospital Site
or address of Unit

B REASON FOR SELF-REFERRAL TO DEPARTMENT OF OCCUPATIONAL HEALTH

Signature

Date

NB BEFORE SELF-REFERRING TO THE DEPARTMENT OF OCCUPATIONAL HEALTH, INDIVIDUALS SHOULD BE REGISTERED WITH A GENERAL PRACTITIONER

C FOR DEPARTMENT OF OCCUPATIONAL HEALTH USE ONLY	
NAME OF EMPLOYEE:	
Telephone Consultation ☐	
Call-in to Department ☐	
Site NPTH ☐ MH ☐ POWH ☐ SH ☐	
Other: _____	
See OH notes ☐	
ACTION	
Assessed by _____	Date _____
Appointment with ☐ Doctor ☐ 15 minutes ☐ 30 minutes	
Appointment with ☐ Nurse ☐ 15 minutes ☐ 30 minutes ☐ 60 minutes	
Letter to Manager/HR Officer? YES ☐ (ask individual to complete Section D) NO ☐	

D CONSENT (only to be completed, if appropriate, after consultation)	
Following my self-referral, I agree to the Occupational Health Nurse or Doctor providing an advisory report to my Manager/HR Officer and I understand that any advice about my health relating to my work will be in general terms only. The proposed contents of the report have been discussed with me and I understand that a copy will be provided to me, if requested.	☐
Following my self-referral, I confirm that I wish to see the proposed advisory report from the Occupational Health Nurse or Doctor to my Manager/HR Officer before deciding whether it can be sent.	☐
Name of Manager (or HR Officer) and correspondence address: _____ _____	
SIGNATURE (Employee) _____ NAME _____	Date _____