

Aneurin Bevan University Health Board

Division of Family and Therapy Services Nutrition & Dietetic Department

Job Description

Department:	Nutrition and Dietetics
Post title:	Rotational Dietitian
Grade:	Band 5
Employment hours:	37.5 per week
Managerially accountable to:	Clinical Manager for Dietetics within rotation team
Clinically responsible to:	Clinical Manager for Dietetics within rotation team
Reports to:	Team Leader for Rotation

Job Summary

The post holder will work as part of the ABUHB Nutrition & Dietetic Team, to provide the Nutrition and Dietetic service for inpatients, outpatient clinics and patient education groups. They will participate fully in the rotation philosophy, gaining maximum benefit from time spent in each speciality and from mentoring by Specialist Dietitians.

The post holder will be given the opportunity to work through rotations within the following clinical areas:

- Diabetes
- Acute Nutrition Support
- Nutrition Support / Rehab
- Gastroenterology
- Weight Management / Community
- Paediatrics
- Child and Adolescent Mental Health

Rotations will be based in dietetic teams throughout Aneurin Bevan University Health Board, across Gwent. Each rotation will be 6 months, except Paediatrics, CAMHs and Weight Management which are currently for 12 months.

Subject to annual review there may be opportunities to rotate into new clinical areas at other bases within Gwent as newly funded opportunities become available.

Key tasks and principal job duties

Clinical Responsibilities

The specific nature of this work will differ with each 12 month rotation.

1. Provide clinical dietetic support to:
 - Designated inpatient wards and outpatient clinics
 - Allocated rehab or patient education groups

Broadly the above will include:

- Assessment of individual patients' nutritional status, requirements and intake incorporating complex data including medical history, drug therapy, anthropometric and biochemical data. This will involve the use of clinical work station and computerised dietary analysis software.
 - Assimilation of this information in the context of the individual's personal, social and clinical circumstances to provide appropriate and achievable nutritional treatment.
 - Implementation and monitoring of appropriate nutritional support to those patients not meeting their nutritional requirements. This will include the use of dietary supplements, artificial enteral feeding. For parenteral feeding and complex nutrition support, guidance will be sought from the specialist dietitian.
 - Effective communication of relevant information and advice to patients, parent/carers, relatives and healthcare professionals, to ensure understanding of condition and treatment. This will include patients with communication difficulties e.g. CVA, dementia, hearing or sight impairment, or whose first language is not English, on a frequent basis.
 - Use of behaviour modification techniques, counselling and negotiation skills to agree appropriate goals and follow up arrangements.
2. Provide nutritional information as part of the formulation and review of inpatient care plans in weekly multidisciplinary team meetings.
 3. Communicate appropriately with relevant health and social care professionals regarding planned treatment, progress and discharge of patients to ensure dietary treatment is integrated into overall care and treatment plans to produce optimal patient care.
 4. Organisation of nutritional products, feeding equipment (pumps and disposables), feeding regimen and training of patients/carers to facilitate the safe discharge of patients requiring home enteral nutritional support. This will include the initiation of monthly deliveries of stock to the patient's home.
 5. Produce comprehensive patient records in line with Health Board and Departmental record keeping guidelines.

6. Communicate effectively with Operational Services on a daily basis (Monday – Friday) regarding the provision of suitable meals, snacks and supplements to inpatients with individual/complex therapeutic requirements.
7. Prepare, deliver and evaluate a range of patient group education sessions, using appropriate teaching aids e.g. food models, food samples, flip charts and PowerPoint, as required.
8. Prepare, deliver and evaluate education sessions to other healthcare workers, including ward nursing staff and catering personnel, using appropriate teaching aids e.g. food models, food samples, flip charts and PowerPoint.
9. Following approximately six months in post regularly demonstrate professional clinical practice to student dietitians across the full range of A, B and C placements during ward work and in outpatient/GP clinic settings.
10. Complete student assessment tools to provide evidence of completion of learning outcomes. Provide constructive feedback to students and discuss their progress with them.
11. Collect daily activity data for use in the monitoring and auditing of the Nutrition and Dietetic Service within relevant LHBs.
12. Undertake clinical audit using research-based methodology in order to promote evidence based practice e.g. record card audits, dietetic stroke/nutrition audit.
13. Produce/up-date nutrition education materials for use in teaching patients/clients, student dietitians and healthcare professionals involving relevant people/patients.

Professional Responsibilities

1. Registration with the Health and Care Professions Council (HCPC) and work within the HCPC and British Dietetic Association (BDA) Codes of Professional Conduct. Attend the Health Board's induction programme and other obligatory training.
2. Be professionally and legally accountable and responsible for all aspects of own workload, including prioritisation and risk assessment of workload. Whilst daily work is not directly supervised, the post holder will have the benefit of support and guidance from a more experienced/specialist dietitian.
3. Develop and consolidate your nutritional and dietetic knowledge throughout each rotation, demonstrating the acquisition of specialist knowledge and skills, through increasing proficiency on specialist aspects of practice.
4. Participate in the PADR review process with allocated reviewer, engage in self-development to improve knowledge and skills in order to remain competent to practice. Participate in department study time scheme and attend relevant study

days. Become involved in opportunistic research projects and demonstrate the ability to be a reflective practitioner.

5. Be committed to promoting and advancing the Dietetic profession by becoming a member/officer of professional groups on a local and national basis.
6. With senior support contribute to the development of local and national policies and their implementation.
7. Respond to unpredicted circumstances such as urgent requests from medical staff, verbal aggression from patients, unrealistic deadlines etc whilst still being able to manage clinical workload. May need to take steps to deal with emergency situations such as a patient experiencing a 'hypoglycaemic event'.
8. Provide cover for colleagues in their absence and volunteer to work some Bank Holidays and late clinics as required.
9. Provide reasons for irregular flexitime situations and ensure flexitime taken does not compromise the safe delivery of the dietetic service.
10. Be suitably dressed for all situations e.g. ward work, delivery of presentations etc according to departmental dress code.
11. Any additional professional duties as requested by the Clinical Manager for Dietetics.

Data Protection

All employees working for or within the NHS who record, handle, store or otherwise come across information, have a personal common-law duty of confidence. The Data Protection Act 1998 now places statutory restrictions on the use of personal information, including health information. All staff need to acknowledge the importance of health records and their personal responsibilities.

Its security is of prime importance and serious consequences can result should a record go missing. Any disclosure of such information without permission is a disciplinary offence and may result in dismissal.

Flexibility Statement

This job description is a guide to the duties you will be expected to perform immediately on your appointment. It will be periodically reviewed in the light of developing work requirements and, in consultation with the post holder may well be changed from time to time to meet changes in the Health Board's requirements.

The post holder may be required to provide cover for other clinical areas during periods of staff shortages, leave or sickness.

Title of Post

Name of Post Holder

Signature of Post Holder

Name of Manager

Signature of Manager

Date Agreed

Aneurin Bevan University Health Board Division of Family and Therapy Services Nutrition & Dietetic Department		
Person Specification Band 5 Rotational Dietitian		
Criteria	Essential	Desirable
Qualifications		
BSc Nutrition and Dietetics or equivalent	✓	
HCPC registered	✓	
Clinical Educators course		✓
Member of the British Dietetic Association		✓
Experience/knowledge		
Evidence of pre-registration CPD e.g. portfolio	✓	
Demonstrates at interview the ability to apply knowledge to clinical practice	✓	
Skills and abilities		
The ability to work flexibly - independently and as part of a team	✓	
Good oral and written communication skills with people from a wide variety of backgrounds	✓	
Good presentation skills	✓	
Clinical reasoning skills	✓	
Clinical audit skills	✓	
Good organisational skills	✓	
Keyboard/IT skills	✓	
Accurate anthropometric measurement skills	✓	
Personal attributes		
Confident and self motivated	✓	
Flexible approach to work, able to set priorities and meet deadlines	✓	
Able to deal with distressed patients/clients and carers	✓	
Demonstrates a commitment to achieving a high standard of work	✓	
Determined and enthusiastic about the Profession	✓	
Demonstrates a commitment to CPD	✓	
Able to travel across Health Board	✓	
Ability to speak Welsh		✓

Additional Information

Band 5 Rotational Dietitian

Factor	Frequency
Physical Effort	
Combination of sitting, standing and walking	Frequent
Short periods of time spent at a computer	Frequent
Requirement to travel as demanded by the job role	Frequent
Mental Effort	
Requirement for concentration within a predictable work pattern with some competing demands for attention	Frequent
Dealing with patients' nutritional requirements in complex medical and social circumstances	Frequent
Emotional Effort	
Dealing with the burden of caring for people/children with a life-long chronic illness. Follow up with these patients is often long term and outcomes variable.	Frequent
Dealing with helping people come to terms with the diagnosis of life-long chronic illness e.g. diabetes, CHD.	Frequent
Dealing with distressed patients/clients/parents/carers	Frequent
Dealing with patients/clients/carers with communication difficulties e.g. CVA, dementia, hearing/sight loss	Frequent
Working Conditions	
Exposure to unpleasant working conditions e.g. distressing sights/smells in clinical environment	Frequent