



GIG
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WALES

Partneriaeth
Cydwasaethau
Shared Services
Partnership

EIGHTH EDITION
22.01.2021

Your Covid-19 Update from Workforce & OD

INCLUDED IN THIS EDITION:

Page 1

- Current Status
- NWSSP update
- Welsh Government Update

Page 2

- Health and Well-Being
- Health and Safety
- Working from home

ADDITIONAL INFORMATION:

FOR FURTHER
INFORMATION ON THE
FOLLOWING

SUBJECTS, PLEASE
CLICK ON THE LINKS
BELOW.

- [How to get tested for Covid-19](#)
- [Staying Covid Safe](#)
- [FAQ's](#).

CONTACT DETAILS:

Email:

NWSSP.Covid@Wales.nhs.uk

Current Status: Alert Level 4

Stay home to save lives
Coronavirus Alert Level 4

You must:

- stay at home
- meet only the people you live with
- work from home if you can
- wear a face covering where required
- wash your hands regularly
- stay 2 metres from anyone you do not live with

All of Wales is in lockdown (alert level 4). [What you need to do at alert level 4](#). Self-isolate if you or anyone in your household has [symptoms](#).

Together, we'll keep Wales safe



NWSSP Update



Vaccination roll out—Colleagues should soon receive [information](#) from their local authority regarding the vaccine roll out. Whilst we submitted a priority list to the Health Boards this is at the discretion of the Health Boards.

If you have been fortunate enough to have had the vaccine you still need to abide by all the safety measures within the workplace, including social distancing, hygiene and face coverings.

These measures protect all of our colleagues in the workplace.

'This is our NWSSP' is a programme of work looking at the organisational culture, how it is influenced and what areas need to be looked at to improve employee experience. [Focus groups](#) have been set up and everyone can register if you would like to be involved in conversations about improving NWSSP.

Welsh Government Update

- A [recovery App](#) has been launched to support those with long Covid
- Welsh Government said [Thank You](#) to volunteers across the country
- A review of week one on the [Vaccine Strategy](#) was issued
- Changes have been made to [travel restrictions](#)



Llywodraeth Cymru
Welsh Government

Welsh Government have provided a statement on the [Covid-19 vaccine](#) supplies and deployment. Since the first delivery at the start of December, as of 19th January over 175,000 people had been vaccinated. The vaccination programme relies heavily on the supply of the vaccine.



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Health and Well-Being

[How are you doing?](#) Is a Public Health Wales initiative to help support residents of Wales with their Health and Well-being. There are lots of resources available online for both physical and mental health.

[Every Mind Matters](#) is an NHS England resource which has useful tips, articles and factsheets to help look after our, and our families, minds and bodies.

Peer Support is available to have a listening ear should you need it. The [schedule](#) is available on the intranet.

Health & Safety

The [Safe System of Work on Social Distancing at Sites](#) has been updated as of 20th January 2021.

For colleagues wishing to attend the workplace that haven't since measures were implemented please ensure the [Returning to the Workplace Checklist](#) is completed.



Working from home



Working from home can be challenging, Every Mind Matters has [7 tips to help working from home](#) :

- Set and stick to a routine
- Make a dedicated workspace
- Give yourself a break
- Stay connected
- Set boundaries
- Think longer term
- Be kind to yourself.