

Your Covid-19 Update from Workforce & OD

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- Health and Well-Being
- Health and Safety
- Reporting Covid-19

ADDITIONAL INFORMATION:

FOR FURTHER
INFORMATION ON
THE FOLLOWING
SUBJECTS, PLEASE
CLICK ON THE LINKS
BELOW.

- How to get tested for Covid-19
- Staying Covid Safe
- <u>FAQ's.</u>

CONTACT DETAILS: Email:

NWSSP.Covid@Wales.nhs.uk

Current Status: Alert Level 4

Stay home to save lives
Coronavirus Alert Level 4

Together, we'll keep Wales safe

At Alert Level 4 (Lockdown) you must:

- Follow social distancing rules with people you don't live with or who are not in your support bubble.
- Wear a face covering (if you are able to) in all indoor
- public places.
- Stay at home.
- Not create an extended household (single adults or single parents may join with one other household to form an exclusive support bubble).
- Meet only the people you live with or your support bubble indoors.
- Meet only your household or support bubble in private gardens.
- Meet only your household or support bubble outdoors.
- Work from home if you can.

NWSSP Update



It is mandatory for all colleagues to wear a covering in the workplace. If you are exempt from wearing a face covering you must speak with your line manager about alternative safety arrangements.

Health Boards are working through the priority lists for <u>vaccinations</u>. Your local Health Board or GP will contact you when it is time for you to be vaccinated, should you wish. Please ensure your ESR contact information is up to date to support the vaccination programme roll out.

<u>Virtual Coffee Mornings</u> with the Senior Leadership Team restarted this week, which gives you the opportunity to pose questions to members of the Senior Leadership Team. These events are recorded and recordings are available on the intranet.

We are approaching 6 months since the ESR Workforce Risk Assessment Tool was launched— this will need to be completed again to ensure your personal circumstances have not changed.

Welsh Government Update

- A plea to <u>Stay at home</u>, protect the <u>NHS</u> and save lives
- The Covid-19 Vaccine Strategy was launched this week
- Every Household will receive vaccination information





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Health and Well-Being

The last 12 months have had an impact on everyone.

We never know if individuals are struggling and we would like to give everyone the opportunity to do <u>Suicide Awareness</u>

We also have NWSSP Mental Health First Aiders: Mental Health First Aiders (MHFAs)

A list of useful Mental Health links is available on the intranet should you need it.

Peer Support is available to have a listening ear should you need it. The <u>schedule</u> is available on the intranet.

Health & Safety

<u>In the workplace:</u> remember the key prevention measures:

- Maintain social distance (2 metres)
- Stick to you work area
- Maintain hand hygiene

Working from Home: Guidance on working from home during COVID



Reporting Covid-19



When there is a positive case of Covid-19 reported where the individual has attended the work place a robust assessment will be carried out of contacts in the workplace and risk. Where safety measures are adhered to risk will be low.

Confidentiality will be maintained at all times and you may only be made aware if it directly effects you—e.g. they are within your team or a close contact.