

INCLUDED IN THIS EDITION:

- NWSSP update p.1
- WelshGovernmentUpdate p.1
- Health and Well-Being p.2
- Peer Support Group p.2
- Health and Safety p.2.

ADDITIONAL INFORMATION:

FOR FURTHER
INFORMATION
ON THE
FOLLOWING
SUBJECTS,
PLEASE CLICK
ON THE LINKS
BELOW.

- How to get tested for Covid-19
- Staying Covid
 Safe
- The Adapt and Change Event
- FAO's.

CONTACT DETAILS: Email: <u>Workforce</u> and <u>OD</u>

Your Covid-19 Update from Workforce & OD



NWSSP Update

Staff Survey - 5 DAYS TO GO!

Our Reflections. Our Decisions. Our Future, is your opportunity to have your say, to make your voice heard and to be involved in making decisions as to where we go next – so please take 5 minutes to click on the link (available on all devices) and tell us your thoughts. Take part here.

Staff Recognition Awards 2020

On the **14**th **January 2021**, NWSSP will be hosting our 5th Staff Recognition Awards which will celebrate your achievements and recognise the excellent work that you and your colleagues have undertaken throughout 2020. This year will be a little different as the event will be held virtually.

To nominate someone, please complete the <u>interactive nomination</u> form and email it to: NWSSPStaffAwards@wales.nhs.uk.

If you would like to make a paper/postal entry, please email the above.

Working from Home

We have been consistently reviewing the guidance available and as such the current working arrangements will be in place until the end of March 2021.

'if you are able to work from home please continue to do so'.

Use of PPE and Social Distancing

Senior Leaders would like to remind staff to maintain social distancing, and wear masks during lunch breaks as well as at work.

Virtual Coffee Mornings

Join us every Wednesday morning to meet with the Senior Leadership via teams.

The schedule is available here.

Welsh Government Update

Welsh Government considers that if physical distancing cannot be maintained, then employers should require the use of face coverings in other indoor workplaces as a reasonable measure to minimise the risk of exposure. Click here for further information.



The NHS Wales Test, Trace, Protect service will provide you with written confirmation that you must self-isolate which you should share with your employer. Click here for further information.

Merthyr Tydfil County Borough to be first whole area testing pilot in Wales. <u>Click here</u> for further information.



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Health and Well-Being

Samaritans

Whatever you are going through a Samaritan will face it with you, there is no need to go through it alone. Samaritans are there 24 hrs a day, 365 days of the year. To get in contact or find out more, please <u>click here.</u>

Mental Health First Aiders

NWSSP Mental Health First Aiders can offer support and signpost you to get the right help. Reach out if you need to. They are there to listen and guide you.

Peer Support Group

The current pandemic has impacted everyone's health and well-being. Because of this we've created a Peer Support Network for you to access, you can <a href="mailto:em



Health & Safety

Covid-19 Secure Risk Assessment for your Site

Speak to your site manager for the latest Covid-19 secure risk assessment for your site. This should provide you with information on how we're keeping the site safe for you.

Safe Systems of Work

Each site has their own Safe System of Work document. The link below shows a generic document:

Safe System of Work on Social Distancing at Sites

Keep yourself informed and ask to review a copy of your site's document.

Covid-19 Procedure

If you, or anyone in your household, experiences any one of the below symptoms **do not** attend the workplace:

- High temperature
- New continuous cough
- Loss of, or change in, your normal sense of taste or smell (anosmia)

If you are experiencing symptoms you should book a test as soon as possible. Please review the NWSSP Staff Covid-19 Testing Guidance for further information.

If you test positive for Coronavirus you will need to complete <u>Part 1</u> of the <u>Incident Reporting Protocol</u>.