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T W E L T H   E D I T I O N  
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# Your Covid-19 Update from Workforce & OD

## INCLUDED IN THIS EDITION:

### Page 1

- **Current Status**
- **NWSSP update**
- **Welsh Government Update.**

### Page 2

- **Health and Well-Being**
- **Health and Safety**
- **Vaccination Update.**

## ADDITIONAL INFORMATION:

FOR FURTHER  
INFORMATION ON  
THE FOLLOWING  
SUBJECTS, PLEASE  
CLICK ON THE LINKS  
BELOW.

- [How to get tested for Covid-19](#)
- [Staying Covid Safe](#)
- [FAQ's.](#)

## CONTACT DETAILS:

**Email:**

[NWSSP.Covid@Wales.nhs.uk](mailto:NWSSP.Covid@Wales.nhs.uk)

## Current Status: Alert Level 4

Stay home to save lives  
Coronavirus Alert Level 4

Together, we'll keep Wales safe



You must:

- stay at home
- meet only the people you live with
- work from home if you can
- wear a face covering where required
- wash your hands regularly
- stay 2 metres from anyone you do not live with

All of Wales is in lockdown (alert level 4). [What you need to do at alert level 4.](#) Self-isolate if you or anyone in your household has [symptoms.](#)

## NWSSP Update



The [Agile Programme Board](#) has launched agile working intranet pages which have information on core principles, case studies and FAQs. Further resources are being developed to support NWSSPs commitment to agile working practices.

*"Work is an activity we do, not a place we go."*

Key safety measures all colleagues must:

- Maintain good hand hygiene
- Socially distance—keep 2 metres away from others
- Work from home if you are able to.

If you have to attend the workplace:

- Wear a face covering in the workplace
- At the start and end of your working day wipe your workstation with anti viral wipes.

## Welsh Government Update

First Minister Mark Drakeford confirmed on [19th February](#) that Alert Level 4 would continue for another 3 weeks and implied that there may be some easements in the next review.

Welsh Government have a different roadmap to England and within Wales we still have 2 metre social distancing in legislation.



Llywodraeth Cymru  
Welsh Government

Welsh Government is exploring options to enable people to work in their local area. This is a physical space, shared with many companies (which we call a hub). If you like the idea of local working, please complete the [survey.](#)



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## Health and Well-Being



[Shout 85258 - free, 24/7 mental health text support in the UK](#) – Shout is a free 24/7 Text support service. Any message are confidential and anonymous and free from any UK mobile.

[Mental health support | Remploy](#) - Are you struggling at work due to depression, stress or anxiety? Remploy may be able to help you.

[How are you doing?](#) Is an initiative from Public Health Wales offering support and advice on keeping physically well, staying connected to others and most importantly a focus on how are you feeling.

Peer Support is available to have a listening ear should you need it. The [schedule](#) is available on the intranet.

## Health & Safety

Covid related [health and safety](#) information is available on the intranet. Information includes:

- [Guidance on working from home](#)
- [Risk Assessments](#)
- [Safe Systems of Work.](#)



## Vaccine Update



### Mae Brechu yn achub bywydau Vaccination saves lives

Welsh Government aims to vaccinate all eligible adults by the end of July 2021 and are on target to do so. Wales are achieving the highest percentage of vaccinations of the UK 4 nations.

NWSSP encourages those offered the vaccination to take it, for their own protection and the protection of others.

Information on the vaccination, its benefits and possible risks is available via [Public Health Wales](#)

We ask that colleagues are sensitive to others regarding having the vaccine and take into account others views and beliefs.