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Partnership

ELEVENTH EDITION  
12.02.2021

# Your Covid-19 Update from Workforce & OD

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- NWSSP update
- Welsh Government Update

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- Health and Safety
- Half term in lockdown

## ADDITIONAL INFORMATION:

FOR FURTHER  
INFORMATION ON  
THE FOLLOWING  
SUBJECTS, PLEASE  
CLICK ON THE LINKS  
BELOW.

- [How to get tested for Covid-19](#)
- [Staying Covid Safe](#)
- [FAQ's.](#)

## CONTACT DETAILS:

Email:

[NWSSP.Covid@Wales.nhs.uk](mailto:NWSSP.Covid@Wales.nhs.uk)

## Current Status: Alert Level 4

Stay home to save lives  
Coronavirus Alert Level 4

Together, we'll keep Wales safe



You must:

- stay at home
- meet only the people you live with
- work from home if you can
- wear a face covering where required
- wash your hands regularly
- stay 2 metres from anyone you do not live with

All of Wales is in lockdown (alert level 4). [What you need to do at alert level 4.](#) Self-isolate if you or anyone in your household has [symptoms.](#)

## NWSSP Update



We are working with Health Boards around priority lists of NWSSP colleagues and some Health Boards have been able to offer our colleagues appointments. To help with this process please ensure your ESR contact details are up to date.

Vaccine roll out is within Health Board control and well under way. If you have been fortunate to receive the vaccine through this path we ask you are discreet and respectful and do not post on social media.

On January 28th the Staff Recognition Awards took place and this year there was a special Covid Recognition award, which went to SMTL, Procurement, HCS and Supply Chain were all recognised throughout their categories for their efforts over the last 12 months. The full breakdown of award winners can be found [here.](#)

## Welsh Government Update

- [First major milestone](#) achieved in vaccination programme
- [Innovative projects](#) help people adapt their lives around Covid
- On International Day of [Women and Girls in Science](#) those leading in the Covid efforts have been recognised



Llywodraeth Cymru  
Welsh Government

Those classed as Clinically Extremely Vulnerable have been asked to continue shielding until 31st March 2021. Those in that category should not attend the workplace if you have any queries regarding this please contact [NWSSP.Covid@wales.nhs.uk](mailto:NWSSP.Covid@wales.nhs.uk)



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## Health and Well-Being



[Heads Together](#) is a Mental Health Charity that has loads of resources to support us. [Our Frontline](#) is specifically designed for key workers who have been working tirelessly over the last 12 months. They also have a [60 Second Support Series](#) which provide tips and ideas from experts and charities on a range of topics.

Whether you are concerned about yourself, a loved one, a colleague or a friend, the NHS can signpost to mental health charities listed below can offer expert advice, there is no need to suffer alone. A list of these charities can be found on the [NHS Website](#).

Peer Support is available to have a listening ear should you need it. The [schedule](#) is available on the intranet.

## Health & Safety

Staff are reminded to wash their hands both before and after putting on and removing a face covering.

[How to wear a face covering](#)



## Half Term in Lockdown



Entertaining Children at half term can be difficult at the best of times but with lockdown still in place here are some resources that may help with entertaining children of all ages.

- [Save the Children](#) has some excellent resources for helping keeping children busy, including cooking with Tom Kerridge, crafting a memory wall, building dens and other ideas.
- [National Trust](#) also resources such as nature sound bingo, things to do in the garden and also some baking ideas
- [Life](#) has some downloadable resources for craft and at home science experiments
- [Scouts](#) have some fantastic ideas and resources for older children—both indoor and outdoor activities.

For those with children we hope you have a good half term, whether you are working or not, and enjoy a break from home schooling.