



GIG
CYMRU
NHS
WALES

Partneriaeth
Cydwasaethau
Shared Services
Partnership

TENTH EDITION
28.01.2021

Your Covid-19 Update from Workforce & OD

INCLUDED IN THIS EDITION:

Page 1

- Current Status
- NWSSP update
- Welsh Government Update

Page 2

- Health and Well-Being
- Health and Safety
- Home Schooling

ADDITIONAL INFORMATION:

FOR FURTHER
INFORMATION ON THE
FOLLOWING
SUBJECTS, PLEASE
CLICK
ON THE LINKS
BELOW.

- [How to get tested for Covid-19](#)
- [Staying Covid Safe](#)
- [FAQ's.](#)

CONTACT DETAILS:

Email:

NWSSP.Covid@Wales.nhs.uk

Current Status: Alert Level 4

Stay home to save lives
Coronavirus Alert Level 4

Together, we'll keep Wales safe



You must:

- stay at home
- meet only the people you live with
- work from home if you can
- wear a face covering where required
- wash your hands regularly
- stay 2 metres from anyone you do not live with

All of Wales is in lockdown (alert level 4). [What you need to do at alert level 4.](#) Self-isolate if you or anyone in your household has [symptoms.](#)

NWSSP Update



On Thursday 28th January at 6pm our annual [Staff Recognition Awards](#) will be held virtually. These event is to celebrate your achievements and excellent work over the last 12 months. This event can be accessed via computer, tablet or mobile device.

The NHS have been offered free [Microsoft training](#) between 6th February—27th March, every Saturday at 10.00am. Sessions available include Teams, Word, Excel, Outlook, Powerpoint. You must register with an NHS email address. These sessions may also be useful for those who may be home schooling.

Vaccination update: Health Boards continue to work through their priority lists. Some Health Boards may include our colleagues within their lists and you may be called by an unknown or private number. If you are fortunate to receive the vaccine through the NWSSP priority please be sensitive to others who may still be waiting for a call for themselves or family members.

Welsh Government Update

- [Vaccination information](#)
- GPs [join forces](#) to vaccinate over 80s closer to home
- [Vaccine statement](#) 26.01.2021
- Latest guidance on [funerals](#)



Llywodraeth Cymru
Welsh Government

A new [Welsh Elections \(Coronavirus\) Bill](#) has been introduced to managed Senedd election during the pandemic. This emergency bill will ensure that the next Senedd election can happen safely, despite the ongoing pandemic, and allow those effected by the pandemic to vote.



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Health and Well-Being

We have been given access to a number of useful [Wellbeing Apps](#) until the 31st March 2021, these apps include resources for parents, meditation, abusive relationships. Suicide prevention and sleep help.

Many people have been effected by a bereavement during the last 12 months, through Covid and other reasons. Support for dealing with bereavement, for you, your family or your colleagues can be found on [HEIWs Wellbeing page](#)

Peer Support is available to have a listening ear should you need it. The [schedule](#) is available on the intranet.

Health & Safety

Reminder of the key safety measures

- Maintain social distance (2 metres)
- Maintain good hand hygiene
- Work from home where possible
- Where a face covering in the workplace
- Well ventilate areas where possible.



Home Schooling and Work



For many colleagues there is the additional pressure of home schooling to deal with. Here are some resources to help support you and your children

- [Home-schooling: How to help your child's online learning - BBC News](#)
- [Covid-19: How parents plan to tackle lockdown home-schooling - BBC News](#)
- [How to cope with the stresses of home schooling \(goodhousekeeping.com\)](#)
- [Coronavirus \(COVID-19\) and parents working from home with children | NSPCC](#)