

IN PARTNERSHIP

Autumn 2017

Adding Value Through Partnership

NWSSP Retains Environmental Management Standard



NWSSP Holds Annual Horizon Scanning Day

Staff work on our overarching goals at the workshop



Shared Services Supporting Pride Cymru 2017

A celebration of equality, diversity and inclusion!



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WALES

Partneriaeth
Cydwasaethau
Shared Services
Partnership

CONTENT

- 04 NWSSP Saves NHS Wales Money Through New Doctor Training System
- 05 NWSSP Works with University of South Wales for Student Recruitment Video
- 06 Primary Care Service Reveal All With Stores Tour
- 07 NWSSP Colleagues Raise Money for Bradley Lowery Foundation
- 08 Promoting Active & Sustainable Travel in NWSSP
- 09 Active Travel Stand
- 10 Shared Services Supporting Pride Cymru 2017
- 12 NWSSP Retains Environmental Management Standard
- 13 NWSSP Holds Annual Horizon Scanning Day
- 14 NWSSP Teams Move to New Offices in Matrix House, Swansea
- 15 Managing Risk Effectively
- 16 The Environmental Challenge Facing NHS Wales
- 18 Outstanding Service Provided by Health Courier Services
- 19 NWSSP Colleagues Play Charity Football Match Against Notts County Legends



WELCOME

to "In Partnership", the Magazine for Our Staff, Health Boards & Trusts.

This publication aims to highlight some of the recent achievements that the NHS Wales Shared Services Partnership (NWSSP) has delivered on behalf of Health Boards and NHS Trusts across Wales.

In this Autumn edition, we focus on promoting equality and diversity throughout Shared Services, and one of the key articles this month includes how NWSSP, along with colleagues from the wider NHS Wales, took part in the PRIDE Cymru celebrations in Cardiff by walking in the PRIDE Cymru Parade and by representing NWSSP at the NHS Wales information stand at the festival.

We also look at NWSSP's continued success in attaining the ISO14001 environmental standard, with our team working very hard to meet the required Environmental Management Systems (EMS) standards. Whilst reflecting on the environment, we also examine some of the challenges facing NHS Wales, discussing the many schemes, projects and developments undertaken to improve energy efficiency and reduce carbon usage, and how our Specialist Estates Services have undertaken a study to examine the effectiveness of some of these schemes across Wales.

Another key article this month includes how NWSSP is saving NHS Wales and GPs money, through a new system that makes it easier for non-European Union doctors to train in Wales. This has shown some excellent partnership working between NWSSP, the British Medical Association (BMA) Wales and Health Boards, and enables NHS Wales to speed up the GP recruitment process. This process has received positive feedback, most notably from David Bailey, the Deputy Chair of the BMA Welsh GPs Committee, and is something that we will be looking to build upon going forward.

Going forward NWSSP's Senior Management Team (SMT) recently met for its annual Horizon Scanning planning day. There was an emphasis on collaborative working and doing things "once for Wales", recognising the unique position of NWSSP to drive forward best practice. The annual planning event provides an opportunity for Directors, Heads of Service and their Senior Teams to get together and collectively reflect on how we have performed against the key objectives outlined in NWSSP's Integrated Medium Term Plan (IMTP) 2017-2020 over the preceding 12 months.

On the subject of collaborative working, our Communications team has been working closely with University of South Wales to help coordinate a student placement recruitment video for undergraduates. The video focuses on NWSSP's Core Values and aims to highlight the university's student placement programme and the excellent environment that NWSSP can offer trainees within the workplace.

Finally, our South West Regional Hub has also moved from its base in the Oldway Centre to Matrix House in Swansea Enterprise Park. Although our teams have moved, it will be business as usual and we will continue to ensure that we provide the highest quality of services for our customers.

Neil Frow
Managing Director



[@NWSSP](https://twitter.com/NWSSP)



[NWSSP](https://www.nwssp.nhs.uk)



David Bailey, BMA Welsh GPs Committee Deputy Chair

NWSSP Saves NHS Wales Money Through New Doctor Training System

BMA Welsh GPs Committee Deputy Chair, David Bailey said:

"While we were in discussions with Welsh Government, we asked if there was any way that they could nationally sponsor people who wanted to come into Wales to work, and they basically said yes and that it was a very sensible idea.

This is really something that all sides think is a sensible way to proceed – a single point of access for sponsorship for doctors outside of the EU who want to come in and work in Wales.

It has significantly improved the process for NHS Wales and is run effectively by the Shared Services Partnership, who have the professional knowledge of NHS systems, unlike the system adopted in England which is outsourced privately."

Thousands of pounds have been saved thanks to a new system, supported by Shared Services, that makes it easier for non-EU doctors to train in Wales.

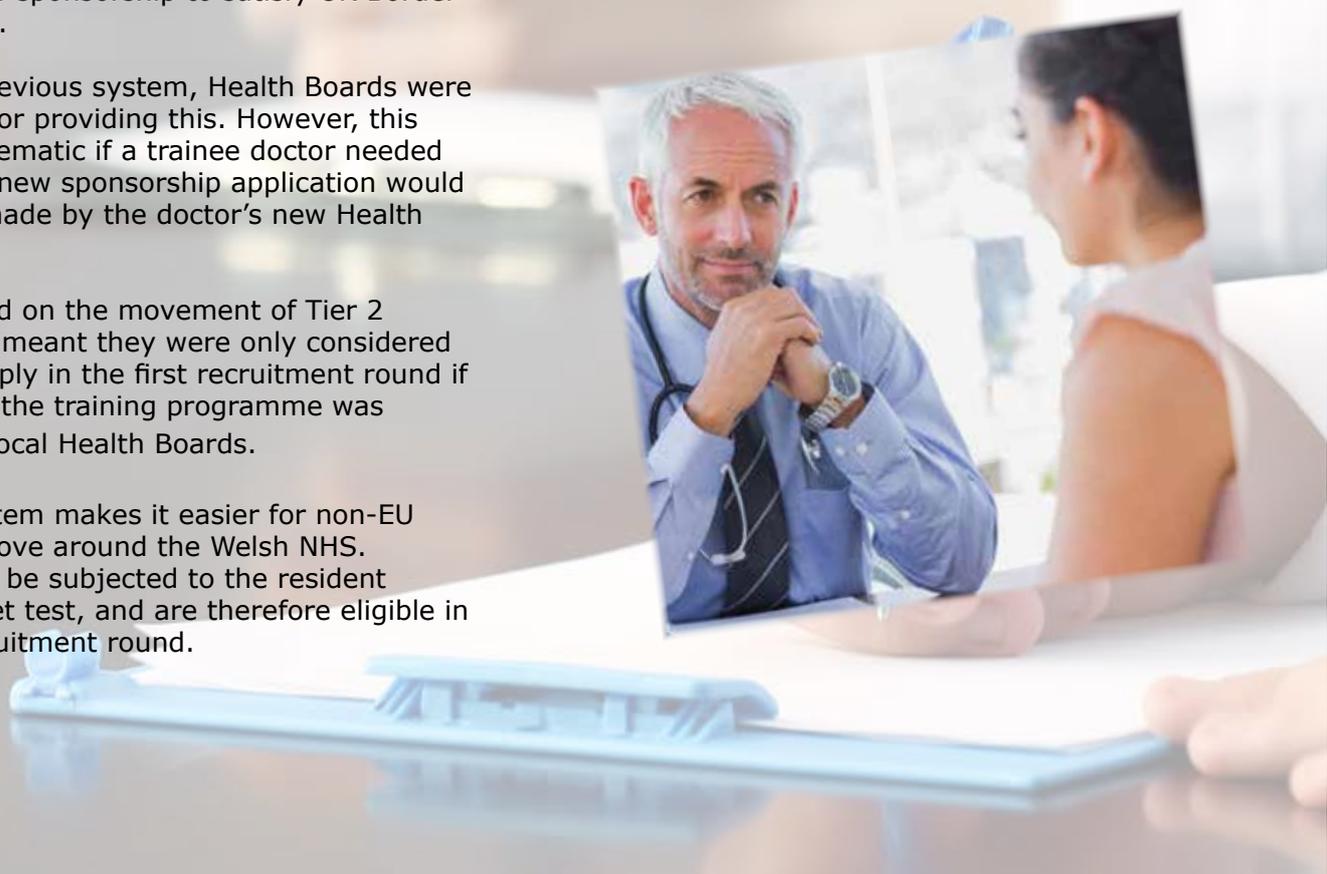
NWSSP was granted single-sponsorship powers in September 2016, after a suggestion from the British Medical Association (BMA) Wales. The system has already saved an estimated £16,000 for doctors, as well as time and money for Welsh Health Boards.

Some non-EU citizens in the Tier 2 category who want to train in Wales are required to obtain certificates of sponsorship to satisfy UK Border Agency rules.

Under the previous system, Health Boards were responsible for providing this. However, this proved problematic if a trainee doctor needed to move – a new sponsorship application would have to be made by the doctor's new Health Board.

This impacted on the movement of Tier 2 trainees and meant they were only considered eligible to apply in the first recruitment round if the whole of the training programme was within their local Health Boards.

The new system makes it easier for non-EU doctors to move around the Welsh NHS. They will not be subjected to the resident labour market test, and are therefore eligible in the first recruitment round.



NWSSP Works with University of South Wales for Student Recruitment Video

The NWSSP Communications team has been recently working with the University of South Wales in order to help co-ordinate a student recruitment video to attract the best talent to the university.

The video aims to highlight the University's student placement programme and the excellent environment that NWSSP can offer trainees within the workplace.

Filming took place within the Procurement Services Stores in Princess of Wales Hospital, Bridgend, and involved detailing the experiences of two Procurement Services student trainees, namely Jamiel Ankail and Andrew Roberts.

Both Jamiel and Andrew have worked within Shared Services for over a year, combining university studies with their job within NWSSP's Procurement division.

The trainees were enthusiastic about their placement within NWSSP. Jamiel said:

"I am currently studying Logistics and Supply Chain Management at the University of South Wales,

which is what motivated me to work for a year during my studies. In September 2017, I will continue my studies at University and complete the final year of studying, and I hope to resume employment when my studies finish."

Jamiel has also had opportunities to work across many different areas within Procurement Services, which has helped him broaden his knowledge and skills.

Jamiel said:

"As an intern, I have been given various projects to work on during my time in NWSSP. Initially, there was a workplan set out for me to be able to see the whole Purchase 2 Pay (P2P) process through NWSSP.

By the end of Summer 2017, I will have been involved in projects from Supply Chain, Sourcing and Frontline.

I have enjoyed working on a big project that has been ongoing through my path in P2P, which has involved conducting and organising ward reviews throughout Singleton, Morriston and Princess of Wales Hospitals."

The video will be made available online at the University of South Wales website for undergraduates and will play a major part of their recruitment and general marketing campaigns going forward.

Reflecting on his experiences at Bridgend Stores, Jamiel said:

"I'd like to say a big thank you to everyone from Bridgend Stores for making my time there one to remember, and for introducing me to the professional workplace and treating me like a reputable member of staff instead of a student.

A special thank you to Louise Rogers for starting it all off, and putting the trust and respect in me to let me utilise my talent to produce some good work."



Jamiel ensures that the lighting is correct for filming



Andrew steadies himself for the camera



Andrew filmed at work in the Bridgend Stores Offices



Primary Care Service Reveal All With Stores Tour

Throughout this summer, Primary Care Services (PCS) Business Support colleagues have been giving guided tours of their Stores department, (pictured above), at Brecon House, Mamhilad in Pontypool.

This has allowed staff to see the different services that PCS provide, further understanding of the Storage and Retrieval of Patient Medical Records (PMR) service. Positive feedback was received from staff who attended the overview of the Stores:

"A very worthwhile tour which starkly demonstrated the enormity of PMR. It also helped me to visualise the facility and understand the process a little better, thereby assisting me in my job moving forward. Andy Ball is clearly very knowledgeable and did an excellent job."

"Andy's knowledge is second to none and all questions put to him were answered. The tour was of benefit to me as it will help me understand the arrangements in place for storing and retrieving a medical record, in particular the importance of the boxes not being over-filled as to require an overflow filing system."

"The tour was great, I was taken aback by the scale of the project. The staff were welcoming and very knowledgeable and the whole process seems to run very smoothly, a credit to PCS/NWSSP."





NWSSP Colleagues Raise Money for Bradley Lowery Foundation

Kind hearted staff from our Companies House office, Cardiff, recently held a football shirt themed 'dress down day' in aid of the Bradley Lowery Foundation. Just over £300 was raised for the Foundation, which is named after the little boy who made UK and world news when, at the age of 18 months, he was diagnosed with cancer. Bradley's inspirational battle and friendship with Jermain Defoe, who used to play for his beloved Sunderland FC, touched the nation's heart.

The money raised will now go to the Foundation that will help to Support families with their own fund raising campaigns. Victoria Bartlett from Employment Services said:

"It turned into a tremendous effort from everyone who joined in on the day and those who continued to donate afterwards. Special thank you must be given to Alex Gould for raising the idea, as without his contribution the day would never have happened".

Bradley Lowery Foundation Just Giving Page:

www.justgiving.com/crowdfunding/bradleylowerysfight



Pictured: Bradley Lowery and Jermain Defoe



Promoting Active & Sustainable Travel in NWSSP

Cymru Travel Challenge 2017 How Well Did We Do?

The Cymru Travel Challenge 2017 ran from the 1 to 31 July, hosted by Sustrans Cymru. NWSSP finished overall in 3rd position for the 1500+ staff category, behind the DVLA and Dwr Cymru / Welsh Water, but we managed to beat our hosts, Velindre NHS Trust, who finished in 4th place.

As an organisation, we logged over 500 journeys, travelled almost 3,500 miles and burnt off the equivalent of 313 doughnuts! The Challenge was flexible and inclusive for all, with the aim being to get as many people as possible travelling sustainably for local journeys. It was healthy, environmentally friendly and fun for those who participated and lots of great prizes were up for grabs along the way, with NWSSP staff securing wins for activities, such as setting a target and logging a journey!

Each week of the Challenge had a new theme, with cycling, car sharing and walking all making an appearance! Finally, well done to all those who took part in the Challenge this year! Hopefully you will continue to practice the healthy, active and sustainable habits you have created through participating in this year's Challenge.

Find out more about the Cymru Travel Challenge at:

travelchallenge.getmeactive-cymru.org.uk

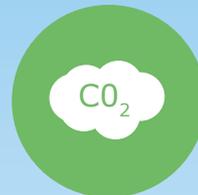
or visit Sustrans at
www.sustrans.org.uk/



501
Journeys Logged



#3 in 1500+
Staff Category



207.255
CO₂ Saved



3485.54
Miles Travelled



7893.2
Calories Burned



£251.80
Saved



Active Travel Stand



In partnership with Sustrans, on 6 July 2017, NWSSP hosted an Active Travel Stand at Companies House. The stand was open to all staff and was looked after by Roxann Davies, NWSSP Compliance Officer, and Dani Wood of Sustrans Cymru.

The aim of the stand was to encourage staff to learn more about sustainable active travel and to get involved with current initiatives running within the NWSSP, whilst promoting Sustrans' Cymru Travel Challenge.

The stand highlighted the importance of physical activity for the NHS workforce, provided cycling and walking tips, displayed the important results from our 5 year Travel Plan and promoted the benefits of car sharing, and much more! Sustrans provided a wealth of resources, including walking and cycling maps for staff, and provided a demonstration on how to sign up to their Cymru Travel Challenge.

Staff were asked to participate in our Active Travel Pledge, identifying one sustainable or active travel habit that they pledged to commit to, going forward.

For further information regarding active sustainable travel, please contact:

roxann.davies@wales.nhs.uk



From Left: Dani Wood, Sustrans Cymru and Roxann Davies at our Active Travel Stand at Companies House, Cardiff.



Shared Services Supporting *Pride Cymru 2017*

A celebration of equality, diversity and inclusion!

With PRIDE celebrations being enjoyed across the globe by thousands of Lesbian, Gay, Bisexual, Transgender and non-binary people, as well as allies (those that support LGBT rights), it is important to remember how far we have come in achieving equality.

On 26 August 2017, NWSSP, along with colleagues from the wider NHS Wales network, took part in the PRIDE Cymru celebrations in Cardiff, by walking in the PRIDE Cymru Parade and sharing an NHS Wales information stand at the festival.

The Parade

The Parade was led by members of the NHS Wales Equality Leadership Group: Roxann Davies for NWSSP, Ceri Harris for Velindre NHS Trust, Keithley Wilkinson for Cardiff & Vale UHB and Jill Evans for Aneurin Bevan UHB.

The event was very well attended by NWSSP colleagues and staff members from across NHS Wales, who were all very excited to join in with the celebrations. The atmosphere was absolutely fantastic, the sun was shining, everyone was enjoying themselves and wishing each other a "Happy Pride"; Cardiff was essentially a rainbow of colour!



The Information Stand

The stall was well stocked with NHS Wales goodies, and we asked event goers to participate in a short bilingual questionnaire on their experience with using our services, which was so successful that we ran out of them!

We also promoted initiatives such as NHS Wales Gender Identity Partnership Group, Wales Fertility Institute, NHS Wales Careers and Park & Ride Services to the University Hospital of Wales.

Roxann Davies said, *"It was my very first experience of PRIDE Cymru and what a fantastic time I had! It was an absolute blast and we raised lots of awareness as to our services at the event stand."*

"There is also lots of coverage of us during the Parade and of our event banner, NHS Wales "Celebrating Diversity", on social media!"

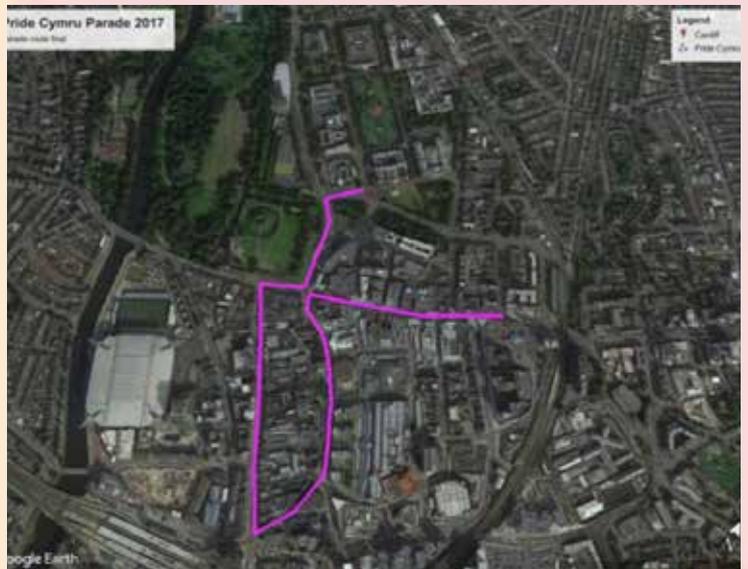


NHS Wales at PRIDE Cymru 2017



Glenda Branken, Alison Lewis, Kirsten Lewis and Tracey Sullivan from NWSSP's Procurement eEnablement team

The Route



Join Our Network!

We are currently in the process of setting up an LGBT+ Staff Network and if you would like to register your interest to join, please contact

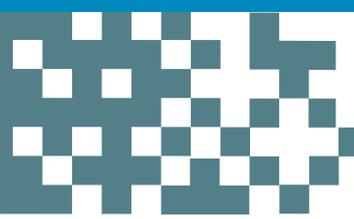
Roxann Davies

Compliance Officer/Equality Lead
(Roxann.Davies@wales.nhs.uk)

Richie Haworth

Recruitment Services Manager
(Richie.Haworth@wales.nhs.uk)

NWSSP Retains Environmental Management Standard



The ISO14001 team have been working very hard this summer to comply with the Environmental Management System (EMS) requirements during our annual external audit.

Following the audit, NWSSP were successful in maintaining re-certification to the ISO14001:2004 Standard being recommended by SGS UK Ltd.

- **1** Minor Non-Conformity Raised
- **4** Opportunities for Improvement
- **2** Observations (highlighting outstanding examples at sites).

Sites visited within the scope of the audit this year:

- HQ - Charnwood Court
- Companies House
- Brecon/Cwmbran House
- Cwmbran Stores
- St Athan Stores.

The auditor also interviewed members from the following teams, to assess compliance with the Standard:

- Health Courier Services
- Velindre Local Procurement Team
- Central Sourcing Team.

Objectives of the Audit:

- DETERMINE CONFORMITY to our EMS, or parts of it, with audit criteria and its ability to ensure that applicable statutory, regulatory and contractual requirements are being met satisfactorily
- ENSURE EFFECTIVENESS of the EMS, insofar as we can reasonably expect to achieve our specified objectives
- IDENTIFY, as applicable, areas for potential improvement.

ISO 14000 family - Environmental Management



The ISO 14000 family of standards provides practical tools for companies and organisations of all kinds looking to manage their environmental responsibilities

Roxann Davies, Compliance Officer and Project Lead for ISO14001 and the Environment, said:

"I'd like to thank everyone who took part in the external audit with SGS UK Ltd, this summer. The auditor was very impressed with how well embedded and integrated the EMS is within the organisation and the level of staff awareness on environmental issues.

I am very pleased that we have achieved continued re-certification to the ISO14001:2004 Standard, as planned, and can confirm that we are on course for achieving the transition to the ISO14001:2015 Standard in May 2018."

Further Information

To learn more about the environment and the ISO14001 certification, please visit the [NWSSP & the Environment intranet page](#), or contact roxann.davies@wales.nhs.uk

NWSSP Holds Annual Horizon Scanning Day

NWSSP's Senior Management Team (SMT) recently met for its annual Horizon Scanning planning day on the 14 September 2017 at River House, Gwaelod-y-Garth, Cardiff.

The annual planning event provides an opportunity for Directors, Heads of Service and their Senior Teams to get together and collectively reflect on how we have performed against the key objectives outlined within NWSSP's Integrated Medium Term Plan (IMTP) 2017-2020 over the preceding 12 months.

They also work together to identify what the future priorities are for our partners and customers, and to plan our services to meet them.

Feedback from the event is then used as an evidence base for inclusion in the IMTP, which will be submitted to Welsh Government in March 2017 as required by Welsh Government's NHS Wales Planning Framework for all NHS bodies in Wales.

NWSSP Managing Director, Neil Frow, opened the event asking the room to be bold in their thinking! He recognised all the hard work that had gone into last year's IMTP and that this year's refresh would reflect the strong position we are in to shape change across Wales.

Welsh Government provided positive feedback on the 2017-2020 IMTP and looking ahead gave a steer on what the Cabinet Secretary, Vaughan Gething's, priorities are for the next three years.

There was an emphasis on collaborative working and doing things "once for Wales", recognising the unique position of NWSSP to drive forward best practice. Some of the themes explored during the day were:

- The Well-being of Future Generations Act
- Overarching goals for the next three years
- Customer Engagement
- What more could we do for Wales, including additional services.

The rest of the day was a series of working groups focused on key areas where we can develop our IMTP for the January Submission. Director of Procurement Services, Mark Roscrow, Director of Employment Services, Paul Thomas, and Director of Workforce and Organisational Development, Hazel Robinson facilitated groups.



Staff work on our overarching goals at the workshop



Staff discuss the themes of customer engagement



Staff discuss the Well-being of Future Generations Act

What is our Integrated Medium Term Plan (IMTP)?

The NWSSP IMTP describes who we are, the progress we have already made and what we are planning to achieve over the next three years. The aims we have set out in this IMTP are challenging, however we are confident we have the dedication and capability to deliver against this plan.



The latest version of our IMTP is available to read and can be found on our intranet site [here](#).

NWSSP Teams Move to New Offices in Matrix House, Swansea

On 11 September 2017, NWSSP staff moved from their West Wales office at the Oldway Centre, Swansea, to our new regional hub at Matrix House in Swansea Enterprise Park.

Teams that moved included staff from Audit and Assurance Services, Employment Services (Recruitment and Payroll), Primary Care Services (Business Support Contracts Management, Payments, PPV, Registration and Modernisation), Corporate Services, eBusiness Central Team and Workforce and Organisational Development.

The move sees our services housed in modern, state of the art facilities, that are within easy reach of the M4 corridor.



Matrix House, Swansea



Matrix House interior



Matrix House location



An aerial shot of Matrix House

Key Information

Address

Matrix House
Northern Boulevard
Matrix Park
Swansea Enterprise Park
Swansea
SA6 8BX

For Sat Navs made before 2017 please use the postcode **SA6 8RE**

Telephone

01792 860500

Maps and other information relating to Matrix House can be found on the staff intranet [here](#)

Managing Risk Effectively



Andy Butler (front), Jacqui Maunder and Peter Stephenson run through the programme

This summer, a working group from the Corporate Services department has been busy updating their approach to managing risk, with the help of NWSSP's Risk Expert and Internal Auditor, Peter Stephenson.

The working group, consisting of Director of Finance and Corporate Services, Andy Butler, Head of Corporate Services, Jacqui Maunder, and Compliance Officer, Roxann Davies, held a Risk Management Advisory Workshop for the Senior Management Team (SMT), with a follow-up workshop held to capture views from managers and key individuals.

Developments to Risk Management

- We received valuable feedback from the Risk Management Advisory Workshops and subsequently the Corporate Risk Register has been reviewed and refreshed, adopting a newly developed format
- A pilot assurance mapping exercise has been undertaken by Peter Stephenson, and it was agreed that this exercise would be extended to cover all directorates
- An exercise to migrate Directorate Risk Registers to the new format has also been carried out. However, it is important that Directorates remember to review and refresh their Risk Registers on an ongoing basis.



Peter Stephenson, Internal Auditor



Andy Butler discusses Assurance mapping

Assessment of Governance and Risk Issues

There is a significant risk to NWSSP if robust governance arrangements are not in place for risk management, and each Director has responsibility for notifying the SMT of any risks that could have a financial impact if arrangements are not in place to manage risk.

If there are insufficient communication flows to manage risk, then the result could be an adverse effect on NWSSP and its customers.



Over recent years there have been many schemes, projects and developments undertaken to improve energy efficiency and reduce carbon use across the NHS Wales estate.

Chris Lewis, Environmental Management Advisor at NWSSP Specialist Estates Services, undertook a study to examine the effectiveness of some of these schemes.

Overall, NHS Wales spends £37 million annually on energy, which translates to an annual total of 193,000 tonnes of CO² emissions. The expectation and year-on-year trend suggests that utility costs will continue to rise.

Additionally, there are many policy and legislative challenges that NHS Wales must comply with, including the Carbon Reduction Commitment Energy Efficiency Scheme (CRC), which is a mandatory emissions trading scheme.

This currently affects all organisations that consume over 6 million kilowatt hours of grid electricity per year, which equates to most of the NHS Wales organisations, with the exception of Powys Health Board, Velindre NHS Trust and the Welsh Ambulance Services NHS Trust.

The CRC requires relevant organisations to purchase carbon allowances to cover their reported usage and consumption of utilities (excluding fuel oil and renewable) and the cost of these credits is currently £16.10 per tonne (or £17.20 if procured at the end of the compliance period).

Typically, Health Boards in Wales are faced with energy costs between £300,000 and £600,000 per annum to comply, and as a result there is a clear incentive for organisations to look at initiatives to reduce their carbon emissions and therefore reduce their CRC costs.

The Environmental Challenge Facing NHS Wales

The SES team undertook a review of environmental initiatives in place across NHS Wales and looked at a small sample of schemes representing different technologies, both conventional and low or zero carbon. The study also examined different approaches to procuring and delivering them.

The schemes were:

- Light Emitting Diode (LED) lighting installation at Aneurin Bevan University Health Board
- Combined Heat and Power (CHP) and absorption chiller installation at Nevill Hall Hospital
- Ground source heat pump installation at Abergele Hospital
- Small scale photovoltaic installation at Ysbyty Glan Clwyd
- An energy performance contract at Hywel Dda University Health Board. The aim was to compare the types of energy efficiency or carbon reduction, to highlight good practice, learn lessons and to identify the successful initiatives that could be reproduced across NHS Wales organisations.



Chris Lewis, Environmental Management Advisor at NWSSP Specialist Estates Services.

Key Findings

LED lighting is an area for immediate consideration and could be used across NHS Wales. Working with the right installers, it is relatively quick and straightforward to install with minimal service disruption. It can deliver significant, long term savings and cost avoidance over traditional compact fluorescent lights.

Tri-generation (that is, combined cooling heat and power (CHP) - in this case CHP to provide electricity and thermal energy and absorption chiller to provide cooling) has clear potential in the right settings. The demand for cooling maximises the effectiveness of the CHP, as it allows a greater use of the thermal output outside of the heating season.

The **Ground Source Heat Pump** in Abergele Hospital is worthy of further investigation, as the initial analysis suggests the impact on the building performance is positive. However, more data is needed to build confidence in the technology. Robust figures and reliable data are important in every scheme to ensure that projected performance is matched by actual performance.

Solar Photovoltaic and other renewables can provide clear year on year savings, although this will be dependent on the Feed In Tariff (FIT) rates, which have been severely reduced. On the heating side, the Renewable Heat Incentive (RHI) has not been as badly affected to date, but the FIT changes highlight the importance of understanding and forecasting for the long term economic impacts of renewable subsidies.



Funding

Energy Performance Contracts (EPC), with a partnership approach and guaranteed minimum shared savings for large scale schemes such as the RE:Fit Cymru framework, are an attractive source of capital where little central funding is available. It is vital to have a strong project team, to understand the level of resources required to monitor and maintain performance, and to build a good long term relationship with the EPC partner in order to be successful in the long term.

The Welsh Government Invest To Save programme (I2S) is a significant potential source of funding. It is best suited to discrete schemes where the installation can be completed relatively quickly and payback is under 5 years. However, it does require a 25% match funded contribution from the Health Board or Trust.

Further Information

If you have any ideas to put forward to the I2S scheme please contact: christopher.lewis4@wales.nhs.uk

Outstanding Service Provided by Health Courier Services



HCS, complimented by the Blood Transfusion Service



Health Courier Services (HCS) was recently complimented by the Blood Transfusion Service at Cardiff and Vale University Health Board for helping to resolve a significant issue for the Blood Bank.

HCS were asked to transfer a number of medical goods and data protected documents to Llandough Hospital, Cardiff, because of a concern raised that there were Asbestos Containing Materials (ACM's) that required immediate work done by a specialist contractor at University Hospital of Wales.

Essentially, this meant that the Blood Bank was at risk of reducing its function, which had clinical implications for patients.

Did You Know?

The Health Courier Service provides a wide range of services, including support to local communities, health alliances, local health groups and General Practitioners. HCS employs over **120** people deploying a fleet of some **90** vehicles which transport material such as mail, laundry, medical records, pathology material, blood products, pharmacy supplies, controlled drugs and nuclear medicine and radioactive waste.



Llandough Hospital, Cardiff

Georgia Stephens, Blood Transfusion Laboratory Manager, was full of praise for the HCS team:

"I just wanted to express my thanks for the service that your team provided to us. Specifically I was impressed with our discussion over the phone and your immediate understanding of the situation, the prompt solution that was offered to us, the exceptional professionalism of the two guys who were on the task, and the helpful and cheerful attitude that your team has."

"Once again, thank you very much. You enabled us to solve a difficult issue and thus allowed other teams in the organisation to progress with their work. Outstanding service from a great team!"



NWSSP Colleagues Play Charity Football Match Against Notts County Legends



The Lullaby Team (green strip), pictured with the Notts County legends before the charity game

NWSSP Employment Services colleagues, including Payroll Officer, Christopher Hampson, recently played a charity football match against a team of Notts County legends, raising money for charity in the process.

The match, played on 13 August at Nottingham's Dunkirk Football Club, was in aid of the Lullaby Trust, a charity that raises awareness of Sudden Infant Death Syndrome (SIDS), more commonly known as cot death, and provides support for bereaved parents, guidance on safer sleep for babies, and conducts research into the causes and prevention of sudden infant death.

Christopher organised the charity match after his daughter Chloe tragically died in 2012 at just 10 weeks old. Christopher and his wife Stephanie chose to support the charity despite not receiving their services, and say they wanted to do something to help other families get through that tragic experience.

Christopher said: *"We started fundraising as we thought it was a good way to raise a bit of awareness. We emailed Notts County and luckily they said they would get involved. It's not an experience you encounter every day in your life, to play with such a high calibre of players, I just can't put it into words, it was an amazing experience."*

The football fan has previously taken part in fundraising events such as the Three Peaks Challenge, but found more success playing football. He added, *"It's more enjoyable, to take a team of 16 people. It helped raise more awareness than just me climbing a mountain. You don't have to be good, we didn't expect to beat Notts County, but it was a good day."*

The Lullaby Team was managed by Nottingham sports journalist and commentator Colin Slater MBE, in what proved to be an enthralling match. In a competitive contest, Notts County ran out narrow winners with the final score 2-1 to the home side.

Over £3000 was raised on the day, a fantastic amount and testament to the army of 300 fans that turned out to watch the match.

Former footballer Tommy Johnson, who played for Notts County, Celtic and Aston Villa among other clubs during his career, said:

"I, along with my ex-colleagues, were proud to support the Lullaby Trust and enjoyed dusting our boots down to take part in this prestigious charity match."

Christopher, along with his wife Stephanie, have worked tirelessly to promote the Trust after such tragic circumstances and it was a great day with a lot of money raised for such a worthwhile cause."

IN PARTNERSHIP

Adding Value Through Partnership

Autumn 2017

If you have any news items for inclusion within "In Partnership" please contact Nathan Williams, e-Communications Officer

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Tel: 01443 848537

Designed and produced by NWSSP
Graphic Design Team



GIG
CYMRU
NHS
WALES

Partneriaeth
Cydwasaethau
Shared Services
Partnership

Mewn Partneriaeth

Hydref 2017

Ychwanegu Gwerth Drwy Bartneriaeth

PCWC yn cadw'r Safon Rheolaeth Amgylcheddol



PCWC yn cynnal y digwyddiad Sganio'r Gorwel Blynnyddol

Staff yn gweithio ar ein nodau
cyffredinol yn y gweithdy



Cydwasanaethau yn cefnogi Pride Cymru 2017

Dathliad o gydraddoldeb,
amrywiaeth a chynhwysiant



GIG
CYMRU
NHS
WALES

Partneriaeth
Cydwasanaethau
Shared Services
Partnership

CYNNWYS

- 04 PCWC yn arbed arian i GIG Cymru trwy ei chynllun hyfforddi meddygon newydd
- 05 PCWC yn gweithio gyda Phrifysgol De Cymru i recriwtio myfyrwyr newydd
- 06 Gwasanaethau Gofal Sylfaenol yn datgelu popeth gyda thaith o amgylch y Storfeydd
- 07 Cydweithwyr o PCWC yn codi arian ar gyfer Sefydliad Bradley Lowery
- 08 Hyrwyddo Teithio Llesol a Chynaliadwy yn PCWC
- 09 Y Stodin Teithio Llesol
- 10 PCWC yn cefnogi Pride Cymru 2017
- 12 PCWC yn cadw'r Safon Rheolaeth Amgylcheddol
- 13 PCWC yn cynnal y digwyddiad Sganio'r Gorwel Blynyddol
- 14 Timau PCWC yn symud i'w swyddfa newydd yn Nhŷ Matrix, Abertawe
- 15 Rheoli risg yn effeithiol
- 16 Yr her amgylcheddol mae GIG Cymru yn ei hwynebu
- 18 Y Gwasanaeth Negesydd Iechyd yn darparu gwasanaeth rhagorol
- 19 Cydweithwyr o PCWC yn chwarae gêm bêl-droed elusennol yn erbyn Notts County Legends



CROESO

*i 'Mewn Partneriaeth', y Cylchgrawn
ar gyfer Ein Staff, Byrddau Iechyd ac
Ymddiriedolaethau*

Nod y cyhoeddiad hwn yw taflu goleuni ar sut y mae Partneriaeth Cydwasanaethau GIG Cymru (PCWC) wedi cyflawni'n ddiweddar dros y Byrddau Iechyd ac Ymddiriedolaethau ledled Cymru.

Yn rhifyn yr Hydref, byddwn ni'n canolbwyntio ar gydraddoldeb ac amrywiaeth ledled y Bartneriaeth Cydwasanaethau, ac mae un o'r prif erthyglau y mis yma am sut y bu i'r Bartneriaeth a chydweithwyr ledled GIG Cymru gymryd rhan yn nathliadau PRIDE Cymru yng Nghaerdydd trwy gerdded yn y parêd a thrwy gynrychioli'r Bartneriaeth ar stondin wybodaeth GIG Cymru yn yr ŵyl.

Byddwn ni hefyd yn bwrw golwg dros lwyddiant PCWC i gadw safon amgylcheddol ISO14001 eto, yn dilyn gwaith caled y tîm i fodloni safonau'r System Rheolaeth Amgylcheddol. Wrth ystyried yr amgylchedd, byddwn ni hefyd yn mynd i'r afael â rhai o'r heriau mae GIG Cymru yn eu hwynebu, gan drafod y cynlluniau, prosiectau a datblygiadau lu ar gyfer gwella effeithlonrwydd ynni a lleihau'r defnydd o garbon, ynghyd â thrafod sut y mae Gwasanaethau Ystadau Arbenigol wedi cynnal astudiaeth er mwyn archwilio effeithiolrwydd rhai o'r cynlluniau hyn ledled Cymru.

Mae erthygl bwysig arall y mis yma sôn am sut y mae PCWC wedi arbed arian i GIG Cymru a meddygon teulu, trwy system newydd sy'n ei wneud yn haws i feddygon nad ydynt o'r UE hyfforddi yng Nghymru. Mae hyn wedi dangos cydweithio ar ei orau rhwng PCWC, BMA Cymru Wales a'r Byrddau Iechyd, ac mae'n galluogi GIG Cymru i gyflymu'r broses recriwtio. Mae'r broses hon wedi derbyn adborth cadarnhaol, yn enwedig oddi wrth David Bailey, dirprwy gadeirydd Pwyllgor Meddygon Teulu Cymru y BMA, ac rydym ni'n bwriadu gwella ar hyn wrth symud ymlaen.

Cyfarfu Uwch Dîm Rheoli PCWC yn ddiweddar ar gyfer ei ddiwrnod Sganio'r Gorwel blynyddol. Bu pwyslais ar gydweithio ac ar wneud pethau "unwaith dros Gymru", gan gydnabod safle unigryw PCWC i hyrwyddo ymarfer gorau. Mae'r digwyddiad cynllunio blynyddol yn rhoi'r cyfle i Gyfarwyddwyr, Penaethiaid Gwasanaeth a'u huwch dimau i ddod ynghyd a chydystyried sut rydym ni wedi perfformio yn erbyn yr amcanion allweddol a amlinellwyd yng Nghynllun Tymor Canolig Integredig PCWC ar gyfer 2017-2020 dros y 12 mis diwethaf.

O ran cydweithio, mae ein Tîm Cyfathrebu wedi bod yn gweithio'n agos gyda Phrifysgol De Cymru er mwyn helpu i gydlynu'r gwaith o greu fideo recriwtio ar gyfer lleoliadau i israddedigion. Canolbwynt y fideo yw Gwerthoedd Craidd PCWC, a'i nod yw hybu rhaglen lleoliadau i fyfyrwyr y Brifysgol a'r lleoliad gwych yn y gweithle y gall PCWC ei gynnig i fyfyrwyr.

Yn olaf, mae Canolfan Ranbarthol y De-orllewin wedi symud o Ganolfan Oldway i Dŷ Matrix ym Mharc Anturiaeth Abertawe. Er bod y timau wedi symud, busnes fel arfer fydd hi a byddwn ni'n parhau i sicrhau eu bod yn darparu gwasanaethau o'r radd flaenaf i'n cwsmeriaid.

Neil Frow
Y Rheolwr Gyfarwyddwr



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David Bailey, Dirprwy Gadeirydd Pwyllgor Meddygon Teulu Cymru y BMA

Mae miloedd o bunnoedd wedi eu harbed diolch i system newydd a gefnogwyd gan y Bartneriaeth Cydwasanaethau (PCWC), sy'n ei wneud yn haws i feddygon nad ydynt o'r UE hyfforddi yng Nghymru.

Rhodddwyd i PCWC bwerau noddwr sengl ym mis Medi 2016, yn dilyn awgrym gan BMA Cymru Wales. Mae'r system eisoes wedi arbed tua £16,000 i feddygon, ar y cyd ag amser ac arian i Fyrddau Iechyd Cymru.

Mae rhaid i rai dinasyddion nad ydynt o'r UE sydd yng nghategori Haen 2 ac sydd am hyfforddi yng Nghymru gael tystysgrifau nawdd er mwyn bodloni rheolau Asiantaeth Ffiniau'r DU.

O dan yr hen system, y Byrddau Iechyd oedd yn gyfrifol am roi'r tystysgrifau hyn. Fodd bynnag, byddai hyn yn achosi problemau pe bai rhaid i feddyg symud - byddai rhaid i Fwrdd Iechyd newydd y meddyg wneud cais arall am nawdd.

Effeithiodd hyn ar allu meddygon dan hyfforddiant yn Haen 2 i symud a golygodd mai dim ond os oedd y rhaglen hyfforddiant yn ei chyfanrwydd yn digwydd yn eu Bwrdd Iechyd lleol yr oeddent yn gymwys i wneud cais yn y cylch recriwtio cyntaf.

Mae'r system newydd yn ei wneud yn haws i feddygon nad ydynt o'r UE symud o gwmpas GIG Cymru. Ni fydd rhaid iddynt wneud y prawf marchnad lafur breswyl, felly gallant wneud cais yn y cylch recriwtio cyntaf.

PCWC yn arbed arian i GIG Cymru trwy ei chynllun hyfforddi

Meddai Dirprwy Gadeirydd Pwyllgor Meddygon Teulu Cymru y BMA, David Bailey:

"Tra oeddem ni'n trafod â Llywodraeth Cymru, gofynnem ni a fyddai modd iddynt noddi'n genedlaethol y bobl hynny yr oeddent am ddod i weithio yng Nghymru. Cytunodd y Llywodraeth, a dywedant ei fod yn syniad synhwyrol iawn.

Mae pob ochr yn credu mai fel hyn y dylid bwrw ymlaen - sef â phwynt cyswllt sengl am nawdd ar gyfer meddygon o'r tu allan i'r UE sydd am ddod i weithio yng Nghymru.

Mae wedi gwella'r broses i GIG Cymru yn sylweddol a chaiff ei rhedeg yn effeithiol gan y Bartneriaeth Cydwasanaethau sydd â gwybodaeth broffesiynol o systemau'r GIG, yn wahanol i'r system a fabwysiadwyd yn Lloegr y caiff ei rhedeg gan sefydliadau allanol."



PCWC yn gweithio gyda Phrifysgol De Cymru i recriwtio myfyrwyr newydd

Mae Tîm Cyfathrebu PCWC wedi bod yn gweithio gyda Phrifysgol De Cymru yn ddiweddar er mwyn helpu i gydlynu'r gwaith o greu fideo recriwtio myfyrwyr i ddenu'r rhai mwyaf dawnus i'r brifysgol.

Nod y fideo yw amlygu rhaglen leoliadau'r Brifysgol i fyfyrwyr a'r lleoliad gwych y gall PCWC ei gynnig yn y gweithle i'r rhai sydd dan hyfforddiant.

Cafodd ei ffilmio yn Storfeydd y Gwasanaethau Caffael yn Ysbyty Tywysoges Cymru, Pen-y-bont ar Ogwr, a rhan o'r gwaith oedd disgrifio'n fanwl brofiadau dau fyfyrwr yng Ngwasanaethau Caffael, sef Jamiel Ankail ac Andrew Roberts.

Mae Jamiel ac Andrew ill dau wedi gweithio i PCWC am dros flwyddyn, gan gyfuno eu hastudiaethau yn y brifysgol â'u gwaith yn adran Caffael PCWC.

Roedd y myfyrwyr yn frwdfrydig am eu lleoliad yn PCWC. Meddai Jamiel:

"Ar hyn o bryd rwy'n astudio Logisteg a Rheoli'r Gadwyn Gyflenwi ym Mhrifysgol De Cymru, a hyn a wnaeth fy sbarduno i weithio am flwyddyn yn ystod fy astudiaethau.

Ym mis Medi 2017, bydda i'n parhau â fy astudiaethau yn y Brifysgol a chwblhau fy mlwyddyn olaf o astudio, a rwy'n gobeithio ailafael yn y gwaith ar ôl gorffen astudio".

Mae Jamiel hefyd wedi cael y cyfle i weithio mewn nifer o wahanol feysydd yng Ngwasanaethau Caffael, sydd wedi ei helpu i ehangu ei wybodaeth a'i sgiliau. Meddai Jamiel:

"A finnau dan hyfforddiant, mae llawer o brosiectau amrywiol wedi eu rhoi imi i weithio arnynt yn ystod fy amser yn PCWC. Yn y dechrau, cafodd cynllun gwaith ei lunio imi fel y gallwn weld y broses Prynu i Dalu yn ei chyfanrwydd yn PCWC.

Erbyn diwedd Haf 2017, bydda i wedi bod yn rhan o brosiectau sy'n amrywio o'r Gadwyn Gyflenwi a Ffynonellu i'r Rheng Flaen.

Rydw i wedi mwynhau gweithio ar brosiect mawr sydd wedi bod ar y gweill trwy gydol fy nghyfnod yn y broses Prynu i Dalu, sydd wedi cynnwys cynnal a threfnu adolygiadau o wardiau yn ysbytai Singleton, Treforys a Thywysoges Cymru".

Bydd y fideo ar gyfer israddedigion ar gael ar wefan Prifysgol De Cymru a bydd yn chwarae rhan flaenllaw yn y gwaith o'u recriwtio ac mewn ymgyrchoedd marchnata yn y dyfodol.

Wrth fyfyrio am ei brofiadau yn Storfeydd Pen-y-bont ar Ogwr, meddai Jamiel:

"Hoffwn ddiolch i bawb yn Storfeydd Pen-y-bont ar Ogwr am wneud fy amser yno yn fythgofiadwy, ac am fy nghyflwyno i'r gweithle proffesiynol a fy nhrin fel aelod cyfrifol o staff yn hytrach na fel myfyriwr.

Hoffwn ddiolch yn arbennig i Louise Rogers am roi cychwyn ar bopeth, ac am ymddiried ynof i a fy mharchu ddigon i adael imi ddefnyddio fy noniau i gynhyrchu gwaith da".



Jamiel yn sicrhau bod y goleuadau'n iawn ar gyfer ffilmio



Andrew yn sadio'i hun ar gyfer y camera



Andrew'n cael ei ffilmio wrth ei waith yn Storfeydd Pen-y-Bont



Gwasanaethau Gofal Sylfaenol yn datgelu popeth gyda thaith o amgylch y Storfeydd

Drwy gydol yr haf, mae cydweithwyr o Gymorth Busnes Gwasanaethau Gofal Sylfaenol wedi bod yn rhoi teithiau tywys o gwmpas eu storfeydd (yn y llun uchod) yn Nhŷ Brycheiniog ym Mamheilad ym Mhont-y-pŵl.

Mae hyn wedi galluogi'r staff i weld y gwahanol wasanaethau y mae Gwasanaethau Gofal Sylfaenol yn eu darparu, ar y cyd â rhoi gwell dealltwriaeth iddynt o Wasanaeth Storio a Chyrchu Cofnodion Meddygol Cleifion. Derbyniwyd adborth cadarnhaol oddi wrth staff a fynychodd y daith dywys o gwmpas y storfeydd.

"Taith dywys werthfawr iawn a ddangosodd yn glir fawredd y gwasanaeth Cofnodion Meddygol. Gwnaeth fy ngalluogi i weld y cyfleuster a deall y broses ychydig yn well, a fydd yn fy helpu yn fy ngwaith. Mae Andy Ball yn amlwg yn wybodus iawn a gwnaeth waith gwych."

Mae gwybodaeth Andy heb ei hail ac atebodd bob cwestiwn y gofynnwyd iddo. Roedd y daith o fudd imi gan ei bod wedi fy helpu i ddeall y trefniadau sydd yn eu lle ar gyfer storio a chyrchu cofnod meddygol, a phwysigrwydd peidio â gorlenwi blychau yn benodol a'r angen am system gorlifo o ganlyniad."

"Roedd y daith yn wych, ces i fy synnu gan faint y prosiect. Roedd y staff yn groesawgar ac yn wybodus iawn, ac mae'n ymddangos bod y system yn rhedeg yn esmwyth. Mae'n glod i Wasanaethau Gofal Sylfaenol/PCWC."





Cydweithwyr o PCWC yn codi arian ar gyfer Sefydliad Bradley Lowery

Cynhaliodd staff caredig ddiwrnod 'gwisgo'n hamddenol' yn ddiweddar yn swyddfa Tŷ'r Cwmnïau yng Nghaerdydd, a hynny â thema crysau pêl-droed er budd Sefydliad Bradley Lowery. Codwyd ychydig dros £300 ar gyfer y Sefydliad, a enwyd ar ôl bachgen bach y bu sôn mawr amdano yn y newyddion yn y DU a ledled y byd pan gafodd ddiagnosis o ganser ac yntau ond yn 18 mis oed. Cyffwrddodd brwydr ysbrydoledig Bradley a'i gyfeillgarwch â Jermain Defoe, a arferai chwarae i'w annwyl Sunderland FC, â chalon y genedl.

Caiff yr arian y codwyd ei roi i'r Sefydliad a fydd yn cynorthwyo teuluoedd gyda'u hymgyrchoedd codi arian eu hunain. Meddai Victoria Bartlett o Wasanaethau Cyflogaeth:

"Cafwyd ymdrech anferthol gan bawb a gymerodd ran yn ystod y diwrnod a chan y rhai a barhaodd i roi arian ar ôl hynny. Mae'n rhaid diolch yn arbennig i Alex Gould am godi'r syniad. Heb ei gyfraniad ef, ni fyddai'r diwrnod byth wedi digwydd".

Tudalen Just Giving Sefydliad Bradley Lowery:

www.justgiving.com/crowdfunding/bradleylowerysfight



Yn y llun: Bradley Lowery a Jermain Defoe



Hyrwyddo Teithio Llesol a Chynaliadwy yn PCWC

Her Teithiau Iach i'r Gwaith 2017. Pa mor dda wnaethom ni?

Roedd modd gwneud Her Teithiau Iach i'r Gwaith 2017 rhwng 1 a 31 Gorffennaf, ac fe'i cynhaliwyd gan Sustrans Cymru. Cyrhaeddodd PCWC y trydydd safle yn y categori ar gyfer sefydliadau sydd â mwy na 1,500 o staff, a daethom y tu ôl i'r DVLA a Dŵr Cymru ond llwyddom ni i guro ein sefydliad lletya, sef Ymddiriedolaeth GIG Felindre, a gyrhaeddodd y pedwerydd safle.

Fel sefydliad, cofnodom ni dros 500 o deithiau, teithiom ni bron i 3,500 o filltiroedd a llosgom ni'r hyn sy'n cyfateb i nifer y calorïau a geir mewn 350 o doesenni! Roedd yr her yn hyblyg a gallai pawb gymryd rhan, a'r nod oedd annog cynifer o bobl â phosibl i deithio mewn modd cynaliadwy ar deithiau lleol. Roedd yn iach, yn garedig i'r amgylchedd ac yn hwyl i'r rhai a gymerodd ran, a roedd llwyth o wobrau gwych i'w cipio ar hyd y ffordd, gyda staff PCWC yn ennill mewn rhai gweithgareddau, megis gosod targedau a chofnodi teithiau hir!

Roedd gan bob wythnos thema newydd, gyda seiclo, rhannu ceir a cherdded oll yn ymddangos! Yn olaf, da iawn i bawb a gymerodd ran yn yr Her eleni! Gobeithio y byddwch chi'n cadw'r arferion iach, llesol a chynaliadwy rydych chi wedi eu magu trwy gymryd rhan yn yr Her eleni.

Gallwch chi ddysgu rhagor am Her Teithiau Iach i'r Gwaith yma:

travelchallenge.getmeactive-cymru.org.uk

neu ewch i Systran yn
www.sustrans.org.uk/



501
o deithiau yn cael eu cofnodi



Rhif 3 yn y categori ar gyfer mwy **na 1500** o staff



207.255
CO₂ wedi eu harbed



3485.54
o filltiroedd wedi eu teithio



7893.2
o galorïau wedi eu llosgi



£251.80
o bunnoedd wedi eu harbed

Y Stodin Teithio Llesol



Mewn partneriaeth â Sustrans, cynhaliodd PCWC Stodin Teithio Llesol ar 6 Gorffennaf yn Nhŷ'r Cwmnïau. Roedd y standin ar agor i bob aelod o staff a Roxann Davies, Swyddog Cydymffurfio PCWC, oedd yn gyfrifol amdani ar y cyd â Dan Wood o Sustrans Cymru.

Nod y standin oedd annog staff i ddysgu mwy am deithio llesol a chynaliadwy ac i gymryd rhan mewn mentrau presennol sydd ar y gweill yn PCWC, wrth hyrwyddo Her Teithiau Iach i'r Gwaith Sustrans Cymru.

Amlygodd y standin bwysigrwydd ymarfer corff i weithlu'r GIG, roedd cynghorion am seiclo a cherdded, arddangoswyd canlyniadau pwysig ein Cynllun Teithio 5 mlynedd a hyrwyddwyd manteision rhannu ceir. A llawer mwy! Darparodd Sustrans gyfoeth o adnoddau, gan gynnwys mapiau cerdded a seiclo ar gyfer staff, a roedd arddangosiad hefyd am sut i gofrestru ar gyfer eu Her Teithiau Iach i'r Gwaith.

Gofynnwyd i staff gymryd rhan yn ein Haddewid Teithio Llesol, trwy addo i ymrwymo i un dull o deithio i'r gwaith sy'n gynaliadwy neu lesol.

Am ragor o wybodaeth am deithio llesol a chynaliadwy, cysylltwch â:

roxann.davies@wales.nhs.uk



O'r chwith: Dani Wood o Sustrans Cymru a Roxann Davies yn ein Stodin Teithio Llesol yn Nhŷ'r Cwmnïau, Caerdydd



PCWC yn cefnogi Pride Cymru 2017

Dathliad o gydraddoldeb, amrywiaeth a chynhwysiant!

Gyda miloedd o bobl lesbiaidd, hoyw, deurywiol, trawsrywiol a di-ddeuaidd a'u cefnogwyr yn mwynhau dathliadau PRIDE ledled y byd, mae'n bwysig cofio pa mor bell rydym ni wedi dod wrth sicrhau cydraddoldeb.

Ar 26 Awst 2017, cymerodd PCWC a'i chydweithwyr o rwydwaith ehangach GIG Cymru ran yn nathliadau PRIDE Cymru yng Nghaerdydd, gan gerdded ym Mharêd PRIDE Cymru a rhannu stondin wybodaeth am GIG Cymru yn yr ŵyl.

Y Parêd

Arweiniwyd y Parêd gan aelodau o Grŵp Arweinyddiaeth Cydraddoldeb GIG Cymru: Roxann Davies ar ran PCWC, Ceri Harris ar ran Ymddiriedolaeth GIG Felindre, Keithley Wilkinson ar ran Bwrdd Iechyd Caerdydd a'r Fro a Jill Evans ar ran Bwrdd Iechyd Aneurin Bevan.

Aeth nifer helaeth o gydweithwyr PCWC ac aelodau o staff ar draws GIG Cymru i'r digwyddiad, ac roeddent yn llawn cyffro am gymryd rhan yn y dathliadau. Roedd yr awyrgylch yn wych, roedd yr haul yn tywynnu ac roedd pawb yn mwynhau gan ddymuno "Happy Pride" i'w gilydd. Roedd Caerdydd yn enfys lawn lliw!



Y Stondin Wybodaeth

Roedd y stondin yn gyforiog o bethau da gan GIG Cymru, a gofynnem ni i'r rhai oedd yno gwblhau holiadur dwyieithog am eu profiad o ddefnyddio'n gwasanaethau ni. Roedd mor llwyddiannus fel ein bod wedi rhedeg allan ohonynt!

Roeddem ni hefyd wedi hyrwyddo mentrau fel Grŵp Partneriaeth Hunaniaeth Rhywedd GIG Cymru, Sefydliad Ffrwythlondeb Cymru, Gyrfaedd GIG Cymru a gwasanaethau parcio a theithio yn Ysbyty Athrofaol Cymru.

Meddai Roxann Davies, *"Dyma fy mhrofiad cyntaf o PRIDE Cymru a ches i amser gwych! Roedd yn ardderchog a chodom ni ymwybyddiaeth am ein gwasanaethau yn y stondin yn y digwyddiad."*

Mae ein presenoldeb yn y Pared a'n baner yn y digwyddiad sef "Dathlu Amrywiaeth" wedi cael llawer o sylw ar y cyfryngau cymdeithasol!"



Y Llwybr



Ymunwch â'n rhwydwaith!

Rydym ni wrthi'n sefydlu Rhwydwaith Lesbiaidd, Hoyw, Deurywiol a Thrawsrywiol+ i Staff ac os hoffech chi gofrestru eich diddordeb mewn ymuno, cysylltwch â

Roxann Davies

Arweinydd Cydraddoldeb/Swyddog Cydymffurfio
(Roxann.Davies@wales.nhs.uk)

Richie Haworth

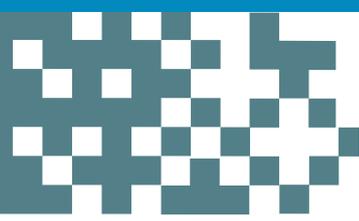
Rheolwr Gwasanaethau Recriwtio
(Richie.Haworth@wales.nhs.uk)



GIG Cymru yn PRIDE Cymru 2017



Glenda Branken, Alison Lewis, Kirsten Lewis a Tracey Sullivan o dîm e-Alluogi Caffael



Mae tîm ISO14001 wedi gweithio'n galed iawn yr haf hwn er mwyn cydymffurfio â gofynion y System Rheolaeth Amgylcheddol yn ystod ein harchwiliad allanol blyneddol.

Yn dilyn yr archwiliad, llwyddodd PCWC i gadw ardystiad Safon ISO 14001:2004 yn dilyn argymhelliad gan SGS UK Ltd.

- **1** Mân ddiffyg cydymffurfio wedi ei godi
- **4** Cyfle i Wella
- **2** Arsyllwad (amlygu enghreifftiau rhagorol ar safleoedd).

Y safleoedd yr ymwelwyd â hwy yn rhan o'r archwiliad eleni:

- Y Pencadlys – Charnwood Court
- Tŷ'r Cwmnïau
- Tŷ Brycheiniog/Cwmbrân
- Storfeydd Cwmbrân
- Storfeydd Sain Tathan.

Roedd yr archwilydd hefyd wedi cyfweld ag aelodau o'r timau canlynol, er mwyn asesu cydymffurfiaeth â'r Safon:

- Y Gwasanaethau Negesydd Iechyd
- Tîm Caffael Lleol Felindre
- Y Tîm Ffynonellu Canolog.

Amcanion yr Archwiliad:

- **MESUR CYDYMFFURFIAETH** ein system rheolaeth amgylcheddol, neu rannau ohoni, â meini prawf yr archwiliad ynghyd â gallu'r system i sicrhau y caiff gofynion statudol, rheoleiddiol a contractiol eu bodloni
- **SICRHAU EFFEITHIOLRWYDD** y System Rheolaeth Amgylcheddol, i'r graddau y gallwn ddisgwyl i gyflawni ein hamcanion penodedig
- **NODI'R** meysydd perthnasol y gellir gwella arnynt.

Teulu ISO 14000- Rheolaeth Amgylcheddol



Mae teulu ISO 14000 yn arfau ymarferol y gall cwmnïau a sefydliadau o bob math eu defnyddio i reoli eu cyfrifoldebau amgylcheddol.

Meddai Roxann Davies, Swyddog Cydymffurfio ac Arweinydd Prosiect ar gyfer ISO14001 a'r Amgylchedd:

"Hoffwn ddiolch i bawb a gymerodd ran yn yr archwiliad allanol gyda SGS Ltd yr haf hwn. Roedd pa mor wreiddiedig ac integredig mae'r System Rheolaeth Amgylcheddol yn y sefydliad, ynghyd â lefel ymwybyddiaeth staff o faterion amgylcheddol, wedi gadael cryn argraff ar yr archwilydd.

Rydw i wrth fy modd ein bod wedi llwyddo i ennill ardystiad Safon ISO14001:2004 eto, fel y cynlluniwyd, a gallaf gadarnhau ein bod ar y trywydd iawn i drosglwyddo i Safon ISO14001:2015 ym mis Mai 2018 yn llwyddiannus"

Rhagor o wybodaeth

I ddysgu rhagor am yr amgylchedd ac ardystiad ISO14001, [ewch i dudalen PCWC a'r dudalen am yr amgylchedd ar y fewnwyd](#), neu cysylltwch â roxann.davies@wales.nhs.uk

PCWC yn cynnal y digwyddiad Sganio'r Gorwel Blynyddol

Cyfarfu Uwch Dîm Rheoli PCWC yn ddiweddar ar gyfer ei ddiwrnod sganio'r gorwel blynyddol ar 14 Medi 2017 yn River House, Gwaelod-y-Garth, Caerdydd.

Mae'r digwyddiad cynllunio blynyddol yn rhoi'r cyfle i Gyfarwyddwyr, Penaethiaid Gwasanaeth a'u huwch dimau rheoli i ddod ynghyd a chydystyried sut rydym ni wedi perfformio yn erbyn yr amcanion allweddol a amlinellwyd yng Nghynllun Tymor Canolig Integredig PCWC ar gyfer 2017-2020 dros y 12 mis diwethaf.

Maent hefyd yn gweithio gyda'i gilydd er mwyn nodi blaenoriaethau ein partneriaid a'n cwsmeriaid yn y dyfodol, ac er mwyn cynllunio ein gwasanaethau fel y gallwn wireddu'r blaenoriaethau hyn.

Defnyddir adborth o'r digwyddiad yn sylfaen dystiolaeth i'w chynnwys yn y Cynllun Tymor Canolig Integredig, y caiff ei chyflwyno i Lywodraeth Cymru ym mis Mawrth 2017 yn unol â Fframwaith Cynllunio Llywodraeth Cymru ar gyfer pob un o gyrff GIG Cymru.

Agorwyd y digwyddiad gan Neil Frow, Rheolwr Gyfarwyddwr PCWC, a gofynnodd i bawb yn yr ystafell feddwl yn feiddgar! Cydnabu'r holl waith caled a wnaed wrth lunio'r Cynllun Tymor Canolig Integredig y llynedd a chydabu hefyd y byddai'r diweddariad eleni yn adlewyrchu'r sefyllfa gref yr ydym ynddi i greu newid ledled Cymru.

Rhoddodd Llywodraeth Cymru adborth cadarnhaol ar Gynllun Tymor Canolig Integredig 2017-2020 a rhoddodd arweiniad am flaenoriaethau Ysgrifennydd y Cabinet, Vaughan Gething, dros y tair blynedd nesaf.

Roedd pwyslais ar gydweithio a gwneud pethau "unwaith dros Gymru", gan gydnabod safle unigryw PCWC i hyrwyddo arfer gorau. Dyma rai o'r themâu yr aed i'r afael â hwy yn ystod y dydd:

- Deddf Llesiant Cenedlaethau'r Dyfodol
- Amcanion cyffredinol ar gyfer y tair blynedd nesaf
- Ymgysylltu â Chwsmeriaid
- Beth yn rhagor y gallwn ni ei wneud dros Gymru, gan gynnwys gwasanaethau ychwanegol.

Am weddill y diwrnod, cynhaliwyd cyfres o weithdai ar y prif feysydd yn y Cynllun Tymor Canolig Integredig y gallwn ni wella arnynt cyn inni ei gyflwyno ym mis Ionawr. Hwyluswyd y gweithdai gan Mark Roscrow, Cyfarwyddwr Gwasanaethau Cyflogaeth Paul Thomas a Chyfarwyddwr y Gweithlu a Datblygu Sefydliadol Hazel Robinson.



Staff yn gweithio ar ein hamcanion cyffredinol yn y gweithdy



Staff yn trafod themâu ymgysylltu â chwsmeriaid



Staff yn trafod Deddf Llesiant Cenedlaethau'r Dyfodol

Beth yw ein Cynllun Tymor Canolig Integredig?

Mae Cynllun Tymor Canolig Integredig PCWC yn disgrifio pwy ydym ni, y cynnydd rydym ni wedi ei wneud eisoes ynghyd â'r hyn rydym ni'n bwriadu ei wneud dros y tair blynedd nesaf. Mae'r nodau rydym ni wedi eu gosod yn y Cynllun Integredig hwn yn heriol, serch hynny rydym ni'n ffyddiog bod gennym yr ymroddiad a'r gallu i'w cyflawni.



Mae fersiwn diweddaraf y Cynllun ar gael i'w ddarllen a gellir dod o hyd iddo ar ein safle mewnryd yma.

Timau PCWC yn symud i'w swyddfeydd newydd yn Nhŷ Matrix, Abertawe

Ar 11 Medi 2017, symudodd staff PCWC o'u swyddfa yn y gorllewin yng Nghanolfan Oldway yn Abertawe i'n canolfan ranbarthol newydd yn Nhŷ Matrix ym Mharc Anturiaeth Abertawe.

Roedd y timau a symudodd yn cynnwys staff o Wasanaethau Archwilio a Sicrwydd, Gwasanaethau Cyflogaeth (Recruiwio a'r Gyflogres), Gwasanaethau Gofal Sylfaenol (Rheolaeth Contractau Cymorth Busnes, Taliadau, Dilysu ar ôl Talu, Cofrestru a Moderneiddio), Gwasanaethau Corfforaethol, y Tîm e-Fusnes Canolog a Gwasanaethau'r Gweithlu a Datblygu Sefydliadol.

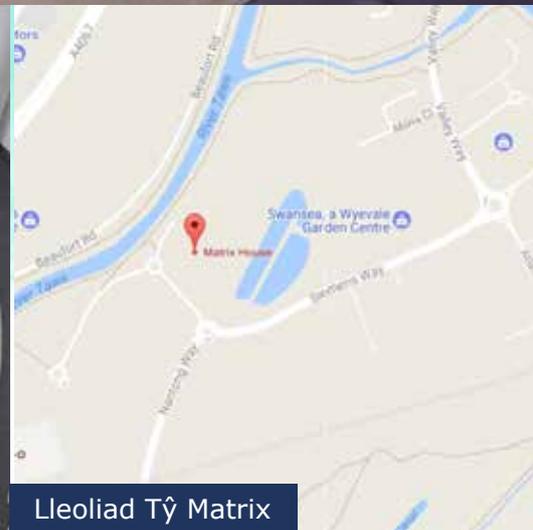
Mae'r adeilad newydd yn golygu bod gan ein gwasanaethau gyfleusterau modern o'r radd flaenaf sy'n hawdd eu cyrraedd o goridor yr M4.



Tŷ Matrix, Abertawe



Y tu fewn i Dŷ Matrix



Lleoliad Tŷ Matrix



Llun o Dŷ Matrix o'r awyr

Gwybodaeth Bwysig

Cyfeiriad

Tŷ Matrix, Boulevard y Gogledd, Parc Matrix Parc Anturiaeth Abertawe, Abertawe SA6 8BX

Defnyddiwch god post SA6 8RE os ydych chi'n defnyddio Sat Nav a wnaed cyn 2017.

Ffôn

01792 860500

Gellir dod o hyd i fapiau a rhagor o wybodaeth am Dŷ Matrix ar fewnrwyd y staff **yma**



Rheoli risg yn effeithiol



Andy Butler (yn y tu blaen), Jacqui Maunder a Peter Stephenson yn mynd trwy'r rhaglen

Yr haf hwn, mae gweithgor o adran Gwasanaethau Corfforaethol wedi bod yn brysur yn diweddarau sut maent yn mynd ati i reoli risg, â chymorth Arbenigwr Risg ac Archwilydd Mewnol PCWC, Peter Stephenson.

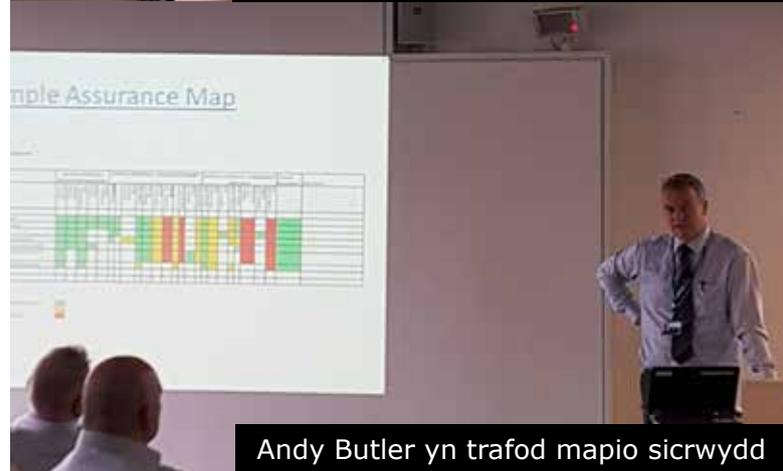
Cynhaliodd y gweithgor, a oedd yn cynnwys Cyfarwyddwr Cyllid a Gwasanaethau Corfforaethol Andy Butler, Pennaeth Gwasanaethau Corfforaethol Jacqui Maunder a Swyddog Cydymffurfio Roxann Davies, Weithdy Ymgynghorol ar Reoli Risg ar gyfer yr Uwch Dîm Rheoli, gyda gweithdy dilynol yn cael ei gynnal er mwyn casglu barn rheolwyr ac unigolion pwysig.

Datblygiadau ym maes Rheoli Risg

- Cawsom ni adborth cadarnhaol o'r Gweithdai Ymgynghorol ar Reoli Risg ac yn dilyn hyn mae'r Gofrestr Risg Gorfforaethol wedi ei hadolygu a'i diweddarau ac mae ei ffurf wedi ei diwygio
- Mae ymarferiad mapio sicrwydd peilot wedi ei gynnal gan Peter Stephenson, ac fe'i cytunwyd y byddai'r ymarferiad hwn yn cael ei ymestyn i gwmpasu pob cyfarwyddiaeth
- Mae gwaith i symud Cofrestrau Risg y Cyfarwyddiaethau i'r fformat newydd wedi ei wneud. Fodd bynnag, mae'n bwysig bod Cyfarwyddiaethau yn sicrhau eu bod yn diweddarau ac yn adnewyddu eu Cofrestrau Risg yn barhaus.



Peter Stephenson, Archwilydd Mewnol



Andy Butler yn trafod mapio sicrwydd

Asesu Materion Llywodraethu a Risg

Mae diffyg trefniadau llywodraethu cadarn er mwyn rheoli risg yn risg i PCWC, ac mae gan bob cyfarwyddwr gyfrifoldeb i roi gwybod i'r Uwch Dîm Rheoli am unrhyw risgiau a all gael effaith ariannol.

Os nad oes digon o gyfathrebu er mwyn rheoli risg, gall hyn gael effaith andwyol ar PCWC a'i chwsmeriaid.



Risg
Hunaniaeth



Risg
Mynediad



Rheoli
Adolygu



Rheoli
Risg

Dros y blynyddoedd diwethaf, mae sawl cynllun, prosiect a datblygiad wedi bod, oll â'r nod o wella effeithlonrwydd ynni a lleihau carbon ar draws ystâd y GIG.

Cynhaliodd Chris Lewis, Ymgynghorydd Rheolaeth Amgylcheddol Gwasanaethu Ystadau Arbenigol, astudiaeth i ymchwilio i effeithiolrwydd rhai o'r cynlluniau hyn.

Yn gyffredinol, mae GIG Cymru yn gwario £37 miliwn bob blwyddyn ar ynni, sy'n gyfwerth â 193,000 tonnell o allyriadau CO2 bob blwyddyn. Ar sail faint o ynni a ddefnyddir bob blwyddyn, disgwylir i gostau cyfleustodau barhau i gynyddu.

Yn ogystal â hyn, mae sawl polisi a deddf heriol y mae rhaid i GIG Cymru gydymffurfio â nhw, gan gynnwys Cynllun Effeithlonrwydd Ynni'r Ymrwymiad Lleihau Carbon. Cynllun masnachu allyriadau yw hwn sy'n berthnasol i bob sefydliad sy'n defnyddio dros 6 miliwn oriau cilowat o drydan y grid bob blwyddyn.

Mae hyn yn berthnasol i bob un o sefydliadau'r GIG ar wahân i Fwrdd Iechyd Powys, Ymddiriedolaeth GIG Felindre ac Ymddiriedolaeth Gwasanaeth Ambiwlans Cymru GIG Cymru.

Mae'r Ymrwymiad Lleihau Carbon yn ei gwneud yn ofynnol i sefydliadau perthnasol sydd o dan rwymedigaeth i brynu lwfansau carbon i dalu am eu defnydd o gyfleustodau (heb gynnwys tanwydd olew ac ynni adnewyddadwy). Cost y credydau hyn yw £16.10 fesul tonnell ar hyn o bryd (neu £17.20 os cânt eu prynu ar ddiwedd y cyfnod cydymffurfio).

Fel arfer bob blwyddyn, mae Byrddau Iechyd yng Nghymru yn wynebu costau ynni sydd rhwng £300,000 a £600,000 wrth gydymffurfio, ac o ganlyniad mae hyn yn annog sefydliadau i ystyried mentrau ar gyfer lleihau allyriadau carbon a lleihau trwy hynny eu costau Ymrwymiad Lleihau Carbon.

Yr her amgylcheddol mae GIG Cymru yn ei hwynebu

Cynhaliodd tîm Gwasanaethau Ystadau Arbenigol adolygiad o fentrau amgylcheddol ledled GIG Cymru, ac ystyriodd sampl bach o gynlluniau sy'n cynrychioli gwahanol dechnolegau, sef rhai traddodiadol a rhai dim carbon neu garbon isel fel ei gilydd. Aeth yr astudiaeth i'r afael hefyd â gwahanol ddulliau o'u caffael a'u darparu.

Dyma restr o'r cynlluniau:

- Gosod goleuadau Deudau Allyrru Golau (LED) ym Mwrdd Iechyd Aneurin Bevan,
- Gosod Gwres a Phŵer Cyfunedig ac Oergell Amsugno yn Ysbyty Nevill Hall,
- Gosod pwmp gwres o'r ddaear yn Ysbyty Abergele,
- Gosod paneli solar yn Ysbyty Glan Clwyd,
- Contract perfformiad ynni ym Mwrdd Iechyd Hywel Dda. Cymharu'r mathau o effeithlonrwydd ynni neu ddulliau o leihau carbon oedd y nod, a hynny er mwyn tynnu sylw at arfer gorau, dysgu gwersi a nodi'r mentrau llwyddiannus y gellir eu rhoi ar waith ar draws sefydliadau'r GIG.



*Chris Lewis,
Ymgynghorydd Rheolaeth
Amgylcheddol yng
Ngwasanaethau Ystadau
Arbenigol.*

Prif ddarganfyddiadau

Mae **goleuadau Deudau**

Allyrru Golau yn faes y gellir ei ystyried ar unwaith, a gellir ei ddefnyddio ar draws GIG Cymru. Trwy weithio â'r gosodwyr iawn, mae gosod y goleuadau yn gymharol gyflym a hawdd, heb darfu'n ormodol ar wasanaethau. Gall ddarparu arbedion sylweddol ac hirdymor gan osgoi costau o gymharu â goleuadau fflwroleuol.

Mae gan offer **tair**

cenhedlaeth (hynny yw, Gwres Oeri a Phŵer Cyfunedig (GPhC) - yn yr achos hwn, defnyddio GPhC i ddarparu trydan ac ynni thermol ac oergell amsugno ar gyfer oeri) botensial amlwg yn y cyddestun iawn.

Mae'r galw am oeri yn cynyddu effeithiolrwydd GPhC gan ei fod yn galluogi mwy o ddefnydd o'r allbwn thermol y tu allan i'r tymor gwresogi.

Mae'n werth ymchwilio ymhellach i **Bwmp Gwres o'r Ddaear** Ysbyty Abergele, gan fod y dadansoddiadau cychwynnol yn awgrymu bod yr effaith ar berfformiad yr adeilad yn gadarnhaol. Serch hynny, mae angen rhagor o ddata er mwyn ennyn hyder yn y dechnoleg. Mae ffigurau cadarn a data dibynadwy yn bwysig i bob cynllun er mwyn sicrhau bod y perfformiad a ragwelir yn cyd-fynd â'r perfformiad gwirioneddol.

Gall ynni **solar ffotofoltaidd** ac enghreifftiau eraill o ynni adnewyddadwy ddarparu arbedion bob blwyddyn, er y bydd hyn yn dibynnu ar gyfraddau'r Tariff Bwydo i Mewn, sydd wedi ei leihau yn sylweddol. O safbwynt gwresogi, nid yw hyn wedi effeithio ar y Cymhelliad Gwres Adnewyddadwy hyd yma, ond mae'r newidiadau i'r Tariff yn tynnu sylw at bwysigrwydd rhagweld effeithiau economaidd hirdymor cymorthdaliadau ynni adnewyddadwy ynghyd â phwysigrwydd eu deall.



Cyllid

Mae Contractau Perfformiad Ynni (CPY) trwy bartneriaeth sydd â lleiafswm o arbedion gwarantedig i gynlluniau mawr, megis fframwaith RE:Fit Cymru, yn ffynhonnell ddeniadol o gyfalaf lle nad oes llawer o gyllid canolog ar gael. Mae defnyddio tîm prosiect cryf ar y cyd â deall faint o adnoddau y bydd eu hangen er mwyn monitro a chynnal perfformiad yn hollbwysig. Mae hefyd yn hollbwysig meithrin perthynas hirdymor dda â'r Partner CPY er mwyn bod yn llwyddiannus yn yr hirdymor.

Mae rhaglen Buddsoddi i Arbed Llywodraeth Cymru yn ffynhonnell arwyddocaol o gyllid i'w hystyried. Mae'n fwyaf addas i gynlluniau ar wahân y gellir eu rhoi ar waith yn gymharol hawdd a lle gwelir yr adenillion o fewn tua 5 mlynedd. Fodd bynnag, mae angen cyfraniad cyfwerth â 25% oddi wrth y Bwrdd Iechyd neu Ymddiriedolaeth.

Rhagor o wybodaeth

Os oes gennych chi unrhyw syniadau ar gyfer cynllun Buddsoddi i Arbed, cysylltwch â christopher.lewis4@wales.nhs.uk

Y Gwasanaeth Negesydd Iechyd yn darparu gwasanaeth rhagorol



Y Gwasanaeth Trallwysiad Gwaed yn canmol Gwasanaeth Negesydd Iechyd



Cafodd y Gwasanaeth Negesydd Iechyd glod gan y Gwasanaeth Trallwysio Gwaed yn ddiweddar ym Mwrdd Iechyd Prifysgol Caerdydd a'r Fro, am helpu i ddatrys problem fawr i'r Banc Gwaed.

Gofynnwyd i'r Gwasanaeth Negesydd Iechyd drosglwyddo nifer o nwyddau meddygol a dogfennau y mae eu data wedi eu hamddiffyn i Ysbyty Llandochau, Caerdydd. Gwnaed hyn oherwydd pryderon bod Deunyddiau Sy'n Cynnwys Asbestos yr oedd angen i gontractwr arbenigol o Ysbyty Athrofaol Cymru weithio arnynt yn syth.

Yn y bôn, golygodd hyn fod risg y byddai rhaid i'r Banc Gwaed gyfyngu ar ei wasanaethau, a bu i hyn oblygiadau clinigol i gleifion.

Oeddech chi'n gwybod?

Mae'r Gwasanaeth Negesydd Iechyd yn darparu ystod eang o wasanaethau, gan gynnwys darparu cefnogaeth i gymunedau lleol, cynghreiriau iechyd, grwpiau iechyd lleol a Meddygon Teulu. Mae'r Gwasanaeth Negesydd Iechyd yn cyflogi dros **120** o bobl ac mae ganddo fflyd o **90** o gerbydau, sydd oll yn cludo deunydd megis post, golch, cofnodion meddygol, deunydd patholegol, cynhyrchion gwaed, cyflenwadau fferyllol, cyffuriau rheoledig, meddygaeth niwclear a gwastraff ymbelydrol.



Ysbyty Llandochau, Caerdydd



Bu Georgia Stephens, Rheolwr y Labordy Trallwysio Gwaed, yn llawn canmoliaeth i'r tîm Gwasanaeth Negesydd Iechyd:

"Roeddwn am ddweud diolch am y gwasanaeth y darparodd eich tîm inni. Yn benodol, gwnaeth ein trafodaeth dros y ffôn, eich dealltwriaeth ddi-oed o'r sefyllfa, y datrysiaid prydlon y cynigiwyd inni, proffesiynoldeb eithriadol y ddau ddyn a wnaeth y dasg, a'r agwedd gymwynasgar a siriol sydd gan eich tîm, oll grynn argraff arnaf."

Unwaith eto, diolch yn fawr iawn. Gwnaethoch chi ein helpu i ddatrys problem anodd, a thrwy hynny galluogoch chi dimau eraill yn y sefydliad i barhau â'u gwaith. Gwasanaeth rhagorol gan dîm gwyth!"

Cydweithwyr o PCWC yn chwarae gêm bêl-droed elusennol yn erbyn Notts County Legends



"Tîm Lullaby" (mewn gwyrdd) yn y llun gyda Notts County Legends cyn y gêm elusennol

Chwaraeodd cydweithwyr o Wasanaethau Cyflogaeth PCWC, gan gynnwys Swyddog y Gyflogres Christopher Hampson, gêm pêl-droed elusennol yn erbyn Notts County Legends yn ddiweddar, gan godi arian i elusen ar yr un pryd.

Cafodd y gêm ei chwarae ar 13 Awst yng nghlwb pêl-droed Dunkirk er budd y Lullaby Trust, sef elusen sy'n codi ymwybyddiaeth am Syndrom Marwolaeth Sydyn Babanod, sy'n fwy adnabyddus fel marwolaeth yn y crud. Mae hefyd yn darparu cefnogaeth i rieni sydd wedi colli plentyn, cyngor ar sut i roi babanod i gysgu yn ddiogel ar y cyd â gwneud ymchwil i achosion marwolaeth sydyn babanod a sut y gellir ei hatal.

Trefnodd Christopher y gêm elusennol oherwydd i'w ferch Chloe farw yn drasig yn 2012 a hithau ond yn ddeg wythnos oed. Penderfynodd Christopher a'i wraig Stephanie gefnogi'r elusen er nad ydynt wedi defnyddio eu gwasanaethau, ac maent yn dweud eu bod am wneud rhywbeth i helpu teuluoedd eraill i ddygymod â'u profiad trasig.

Meddai Christopher: *"Dechreuon ni godi arian gan ein bod yn meddwl ei fod yn ddull da o godi ymwybyddiaeth. E-bostion ni Notts County ac yn ffodus, dywedont y byddent yn cymryd rhan. Dyw e ddim yn rhywbeth dych chi'n brofi bob dydd yn eich bywyd, i chwarae gyda chwaraewyr mor dda, alla i ddim ei roi mewn geiriau, roedd yn brofiad gwych"*.

Mae'r ffan pêl-droed wedi cymryd rhan mewn digwyddiadau codi arian o'r blaen, megis Yr Her Tri Chopa, ond mae wedi cael mwy o lwyddiant wrth chwarae pêl-droed. Ychwanegodd, *"Mae mynd â thîm o 16 o bobl yn fwy o hwyl. Mae wedi helpu i godi mwy o ymwybyddiaeth nag y byddwn i wedi wrth ddringo mynydd yn unig. Does dim rhaid ichi fod yn dda, doedden ni ddim yn disgwyl curo Notts County, ond roedd yn ddiwrnod da"*.

Cafodd y Lullaby Team ei reoli gan y newyddiadurwr chwaraeon a sylwebydd o Nottingham Colin Slater MBE, ar gyfer yr hyn a fu'n gêm wefreiddiol. Mewn gornest gystadleuol, enillodd Notts County o drwch blewyn a 2-1 oedd y sgôr i'r tîm cartref.

Codwyd dros £3000 ar y diwrnod, sy'n swm gwych ac yn destament i'r fyddin o gefnogwyr a ddaeth i weld y gêm.

Meddai'r cyn beldroediwr Tommy Johnson, a chwaraeodd i Notts County, Celtic ac Aston Villa ymysg clybiau eraill yn ystod ei yrfa:

"Roeddwn i, ar y cyd â fy hen gydweithwyr, yn falch o gefnogi'r Lullaby Trust a roeddem ni wrth ein bodd yn chwythu'r llwch oddi ar ein hesgidiau er mwyn cymryd rhan yn y gêm elusennol uchel ei bri hon."

Mae Christopher a'i wraig Stephanie wedi gweithio'n ddi-flino i hyrwyddo'r Ymddiriedolaeth yn dilyn amgylchiadau mor drasig, ac roedd yn ddiwrnod gwych a gododd gymaint o arian am achos gwerth chweil."

Mewn Partneriaeth

Ychwanegu Gwerth Drwy Bartneriaeth

Hydref 2017

Os oes gennych chi unrhyw eitemau newyddion ar gyfer 'Mewn Partneriaeth', cysylltwch â Nathan Williams, y Swyddog e-Gyfathrebu

E-bost: nathan.williams@wales.nhs.uk

Ffôn: 01443 848537

Dyluniwyd a Chynhyrchwyd gan Dîm Dylunio



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Cydwasaethau
Shared Services
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